





# Abstract

Advancements in ultrasound imaging software have made its use more prevalent in a clinical setting. Echometrix, a Madison-based startup company, recently developed innovative ultrasound video software involved in musculoskeletal diagnostics and rehabilitation. The software, however, requires the use of three hands in order to operate. A simple ultrasound transducer holder would eliminate this complication. The holder needs to be secured to the surface of the body and allow the transducer to be arranged over a location of interest (ie: shoulder, leg, arm, etc.) and then locked in place. Two designs are proposed, fabricated, and tested proving that the concept is plausible. The design alternatives are critiqued and compared in order to determine the best possible design for the future. Effectiveness, structural integrity and ease of use are some of the factors taken into account when assessing the designs.

# Background

#### Ultrasound

- Transmittal and Reception of high frequency sound
- Acoustics of material change with load
- Mechanical properties can be obtained based on relationship

## Echometrix Software (echoSoft)

- Dynamic Ultrasound imaging
- Tensile loading of tendon
- Track pixels to develop
- stiffness/strain relationships Healthy tissues vs injured tissues

## Operation

- Three hands needed
- Hold transducer
- Apply load
- Turn on and operate software

![](_page_0_Figure_20.jpeg)

![](_page_0_Picture_21.jpeg)

Fig 2: *EchoSoft* comparison of healthy and injured tendon's response to tensile loading.

# Motivation

## Efficiency

- Eliminates the need for a third hand
- Improves quality of tendon analysis

## **Tendon Analysis**

- Tendons involved in skeletal movement
- Noninvasive
- Prognosis of injury
- Mechanical
- Structural
- Track progression of treatment

![](_page_0_Picture_34.jpeg)

![](_page_0_Picture_35.jpeg)

transducer from image during data collection.

![](_page_0_Picture_37.jpeg)

Fig 4: Applying an ultrasound transducer to analyze the achilles tendon

Joe Henningsen

Meghan Anderson Dan Thompson Jared Warczytowa

#### Client: Dr. Hirohito Kobayashi, Echometrix Advisor: Dr. Willis Tompkins, BME

# Final Design

## Design 1 (Screw and Spring)

#### Components

- Fabricated rails and carriages
- Foam padding
- Velcro transducer connection
- Freedom of transducer orientation
- Z-direction Adjustment
- Screw
- Spring
- Sleeve
- 4 Velcro straps for body attachment
- Outer dimensions 19.7 cm x 18 cm

#### Assessment

- Securely and comfortably straps to the body
- Tightly holds transducer
- Longitudinal
- **Cross-sectional**
- Fabricated rails and carriages do not lock
- Precise square movements
- Capable of small movements in z-direction
- Small and lightweight
- Confined to area inside base
- With extended use readjustments of screws are needed
- Constrained access of on-site injection
- Structural strength FOS = 24.8

![](_page_0_Picture_68.jpeg)

Fig 6: Picture of second design attached to patient with leg extended (left) and with leg in flexed position (right).

Design 2 (Ball and Socket)	•
Components	-
<ul> <li>Manufactured rails and carriages</li> </ul>	
<ul> <li>Locks in place with screw</li> </ul>	•
<ul> <li>Foam padding</li> </ul>	•
<ul> <li>Manufactured transducer connection</li> </ul>	
<ul> <li>Two ball and socket joints</li> </ul>	•
> 6 Degrees of freedom F	law
<ul> <li>4 Velcro straps for body attachment</li> </ul>	•
<ul> <li>Outer dimensions 19.7 cm x 19.7 cm</li> </ul>	•
Assessment	
<ul> <li>Addresses and remedies major flaws in first design</li> </ul>	•
<ul> <li>Securely and comfortably straps to the body</li> </ul>	•
<ul> <li>Carriages firmly and easily locked in place</li> </ul>	•

Sami McCarthy

![](_page_0_Picture_76.jpeg)

Fig 5: Picture of first design utilizing the screw and spring mechanism.

#### Flaws

- No rotation
- Limited z-direction adjustment does not allow close contact between transducer and skin surface
- Absence of locking feature
- Inconsistent frame integrity
- Forward tilt
- Screws loosen with use
- Crevices in rails are deep and hard to clean with 70% ethanol
- Insecure transducer connection
- Not able to view some joints (ie: knee, shoulder) due to confined area

- Intuitive adjustment of transducer location
- Natural coarse adjustments
- Radius limits fine adjustments
- Allows for full rotation
- Able to extend outside of base area to reach joints
- and open injection access
- Structural strength: FOS = 3.66

- Tedious locking mechanism
- Transducer connection not conducive to variable sizes
- Radius of motion limits adjustments
- Larger and heavier than original design
- Injection inside base

- 6 Degrees of Freedom
- Easily locks into desired position
- Allow for needle injection therapy
- Develop and compare multiple designs in
- order to prove concepts

# Size Reduction

- Create space for easier injections
- Eliminate second support beam Support beam can be opened/removed

- More elegant movement
- Easier locking (button or switch)

## **Gripping System**

- Locking Mechanism
- Easier to access
- Less user involvement

![](_page_0_Picture_120.jpeg)

![](_page_0_Picture_121.jpeg)

![](_page_0_Picture_122.jpeg)

## **Design Criteria**

- Securely straps on to surface of body over location of interest
- Allows translation, rotation
- Holder can be cleaned with 70% alcohol

![](_page_0_Picture_127.jpeg)

Fig 7: Illustration of proposed design

# **Future Work**

- Reshaping support beams and rails
  - No overhang
  - Curve/Adjust to individual body topography

## Reduce weight

- **Ball and Socket**
- Arm should be shorter
- More versatile for odd shaped transducer

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# Acknowledgements

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