# Supportive Sling for Brachial Plexus Injuries

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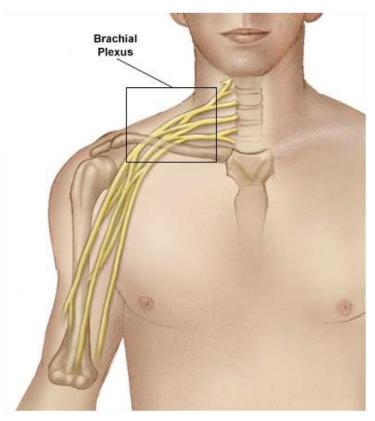
Nathan Retzlaff, Kayla Stankevitz

#### Overview

- Brachial Plexus Injuries
- Our Patient-Eric
- Current Slings
- Objectives
- Proposed Sling Designs
- Assessment of Designs
- Construction and Validation

### Brachial Plexus Injuries

- Injury to nerves that innervate the arm
- Due to stretch or tear
- Can cause paralysis to the entire arm



#### Our Patient-Eric

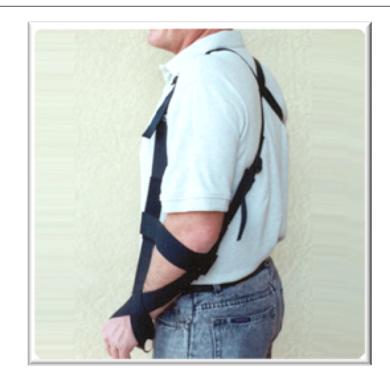
- 38 years old
- No motor control in arm or shoulder, but maintains functional use of hand
- One of approximately 200,000 people a year in the United States who have brachial plexus injuries

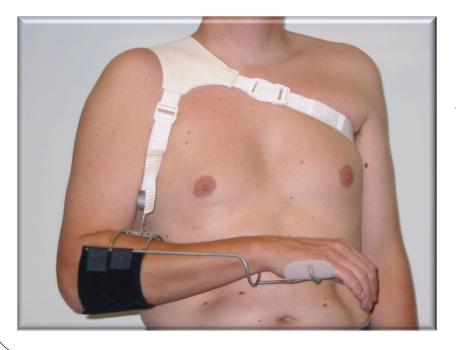


### **Current Slings**

#### GivMohr Sling

- •Cannot be worn under clothes
- •Hand isn't free



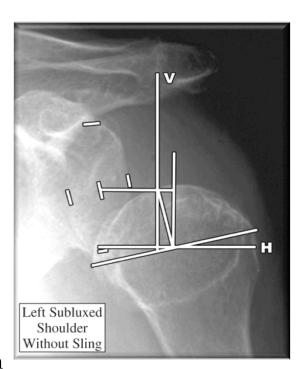


#### Wilmer Sling

- •Uncomfortable distribution of weight
- •Hand isn't free

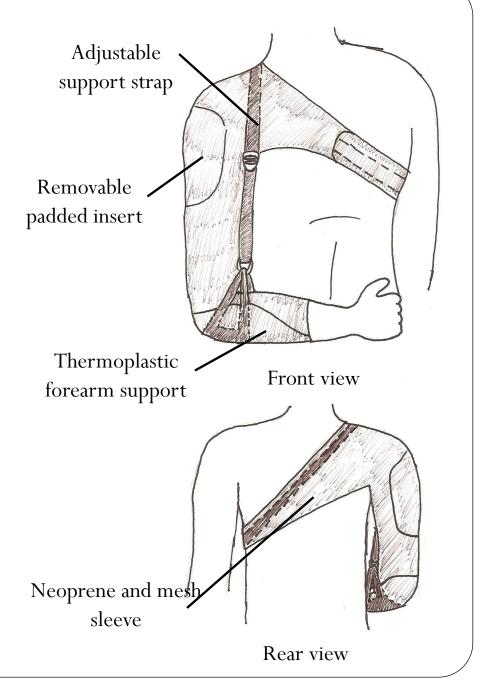
### Objectives of Design

- Reduce shoulder subluxation
- Hold elbow at a 90° angle with lower arm forward
- Conceal the majority of the sling beneath clothing
- Enhance comfort (i.e. weight distribution, straps)
- Cosmetic enhancement of deteriorated muscle
- Facilitate one-handed application and removal
- Allow variable elbow positions via a hinge mechanism
- Adhere to budgetary constraints



#### Design #1- Sleeve

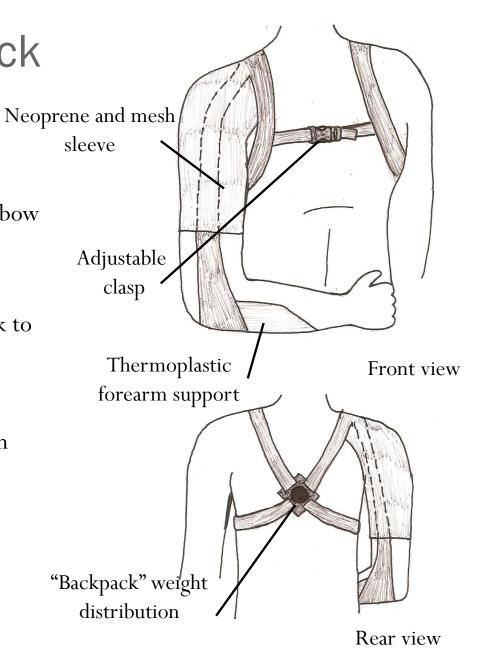
- Pros
  - Easy to put on
  - Fits under clothing
  - Will reduce shoulder subluxation by lifting elbow
  - Adjustable strap enables some elbow position variation
  - Adds cosmetic appeal by adding bulk to injured arm
- Cons
  - Sleeve may prone to overheating
  - Requires a great deal of fabrication (i.e. material, sewing)



### Design #2- Backpack

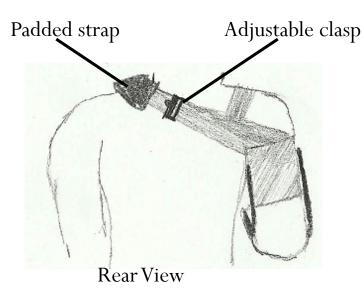
Pros

- Will reduce subluxation by lifting elbow
- Fits under clothing
- Enhances weight distribution
- Adds cosmetic appeal by adding bulk to injured arm
- Cons
  - Straps may be uncomfortable on skin
  - Adjustment of elbow position is not possible as is



### Design #3- Boomerang

- •Pros
  - Reduces subluxation
  - •Can be worn under clothing
- Cons
  - •Rigidity of boomerang could become uncomfortable
  - Complex to put on with one arm
  - •Limits adjustability of elbow flexion





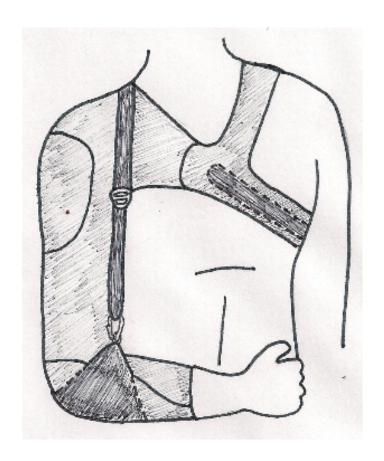
Polymer/lightweight metal

Front View

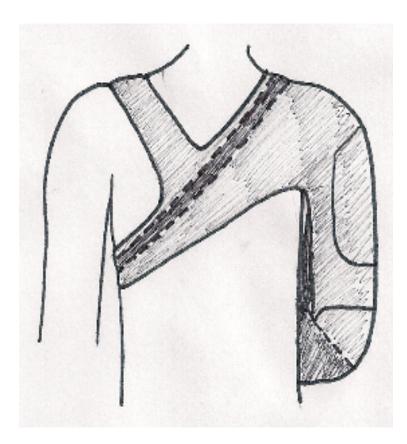
# Design Matrix

Criteria	Weight	Sleeve	Backpack	Boomerang
Subluxation reduction	30	25	27	20
Easily worn/put on	15	14	12	8
Ability to conceal under clothing	15	15	15	15
Weight distribution	10	7	9	6
Cost	10	8	6	6
Fabrication complexity	10	9	8	6
Carrying position	5	2	2	4
Cosmetic enhancement	5	5	5	4
TOTAL	100	85	84	69

# Final Design



Front view



Rear view

### Prototype Testing

- Force Gauge Test: Pre-Prototype
- Subluxation Test: Distance between acromion and humeral head
- Comfort testing: Patient will wear the sling for a day, give feedback



#### **Future Work**

- Orthopedics and Orthotics consultation
  - Receive input on materials
  - Assistance with fabrication
- Order Parts
- Prototype Fabrication
- Testing
- Adjustments
- Final Report/Presentation



### Acknowledgements

- Karen Blaschke
- Dr. Chris Brace
- Eric

### Questions



#### Sources

#### Picture sources:

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