

# Emergency Cricothyroidotomy Device

Katerina Smereka, Megan Finell, Mateo Silver, Zac Mayhew

CLIENT: DR. LENARD MARKMAN

FACULTY ADVISOR: DR. DARILIS SUAREZ-GONZALEZ

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#### ABSTRACT

Cricothyroidotomy is an emergency procedure used by EMS professionals to create an airway in patients with upper airway obstructions. The proposed design combines multiple steps and parts into one, saving valuable time during choking emergencies.

#### MOTIVATION

- > 4000 choking deaths per year in the US [1]
- Heimlich maneuver is 86.5% successful [2]
- Average EMS arrival time is 7 minutes [3]
- Permanent brain damage is likely after 4 minutes of choking [4]

## PROBLEM STATEMENT

Current devices used to perform a cricothyroidotomy require multiple moving parts and specialized training. Time is everything in choking situations and victims lives rely on the response time of EMS. The device aims to be easy to use and incorporate multiple parts into one while also being adaptable to EMS tools.

# BACKGROUND RESEARCH

- Cricothyroid membrane (CM) located under adam's apple [5]
- Cricothyroidotomy steps
- Palpate skin for CM
- Incise skin vertically
- Palpate CM and incise CM horizontally
- Insert bougie and trach tube [6]

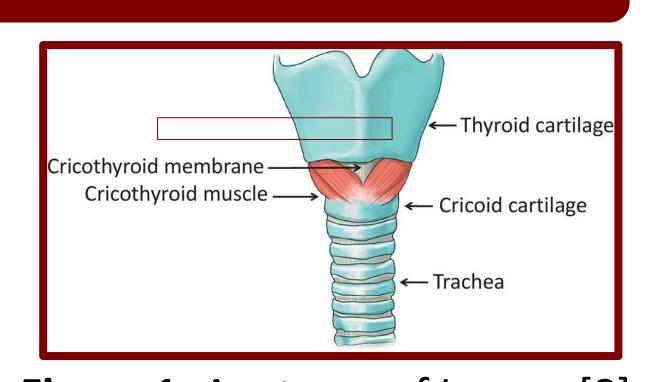


Figure 1: Anatomy of Larynx [8]

- Current market devices:
- Require assembly and training
- Not available to public
- \$30-\$200 [7-9]

# DESIGN SPECIFICATIONS

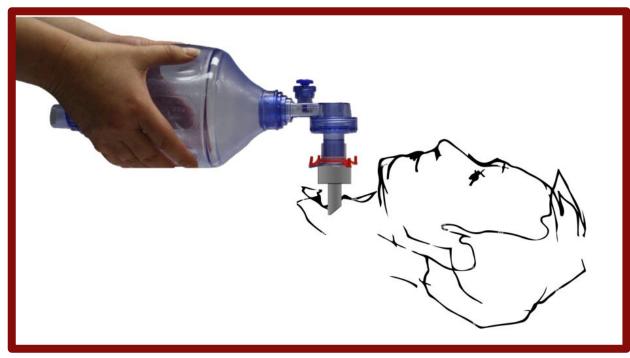


Figure 2: Schematic of device with BVM

- Singular component
- Connects to bag valve mask
- Non-ferrous material
- Exchange 500 mL air every 3 seconds
- Puncture depth: 2.9 cm (female), 4.5 cm (male)
- Single use
- Sterile

# FINAL DESIGN AND VALIDATION

- Device features
- Sharp beveled point for puncture
- Compatible with a bag valve mask
- Inexpensive, lightweight, and non-ferrous
- Testing fixation device
  - Holds skin in tension
- Stabilizes samples
- Device validation
  - Qualitative puncture testing on porcine tissues
  - Time to complete the procedure
  - CAD airflow simulations

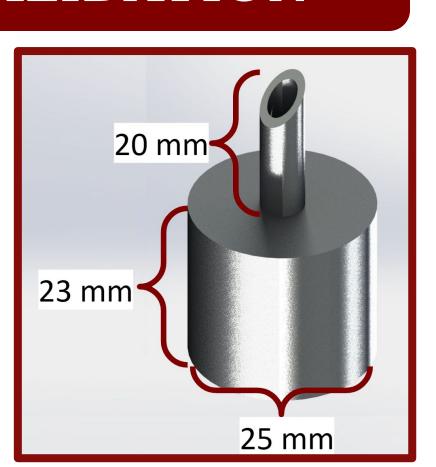


Figure 3: Final design with dimensions



Figure 4: Testing fixation device

# RESULTS

#### **CAD Airflow Simulation:**

- Input velocity: 12 m/sec [10]
- Output flow: 1.5 L/sec







Figure 6: Puncture results

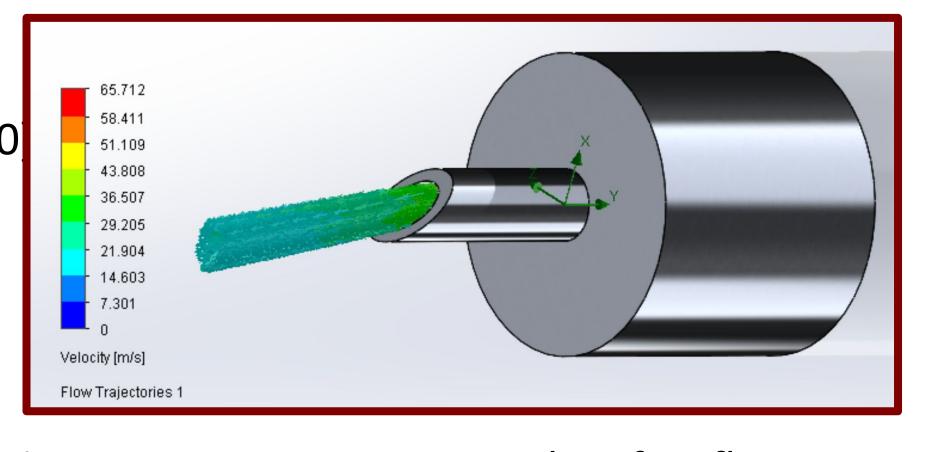


Figure 5: SOLIDWORKS Results of Airflow Testing Puncture Size (n=5):

Average width:  $3.96 \pm 0.234$  mm Average length: 4.18 ± 0.47 mm

Timing (n=5):

Average time to complete procedure: 13.062

± 2.312 seconds

t-test against literature values: p value = 0.0012

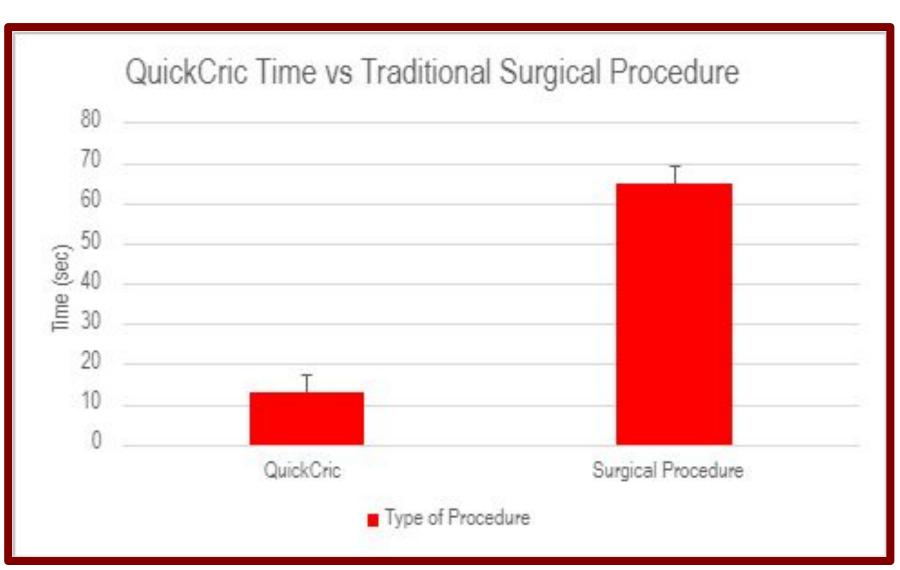


Figure 7: Timing of Quick Cric vs traditional Surgical technique

#### Conclusions



- Device delivers sufficient airflow to meet client requirements and provide adequate ventilation
- Device could consistently puncture through: trachea, skin, cricothyroid membrane
- Testing fixation device succeeded in mimicking realistic skin tension
- Emergency simulation showed that device can be used quickly and effectively

Figure 8: Final Sharpened Prototype

## FUTURE WORK

- Continue developing device packaging and user experience
  - Mockup of device packaging created
- Usability testing with laypeople, develop easy-to-understand instructions and indications
- Pursue commercialization of device
- Mass manufacturing, CNC contracting
- Sterilization using an autoclave, packaged in plastic/paper pouch
- Accessible locations, areas with high choking risk
- Available for purchase privately and to institutions or businesses



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