Title: Gait Trainer with Treadmill (Step Masters) 200/300

Date: 9/22/2025 - 9/29/2025

Client: Amanda Pajerski Advisor: Dr. Ashton

Team:

Grace Neuville, Leader, geneuville@wisc.edu Sierra Loosen, BSAC, sloosen@wisc.edu Julia Shefchik, Communicator, jshefchik2@wisc.edu Sara Mlodik, BWIG, mlodik@wisc.edu

Katelynn Johnson, BPAG, kajohnson57@wisc.edu

Problem statement

A woman with a significant mobility impairment due to a seizure disorder requires support while walking because of seizure risks and poor postural strength. She has a Rifton Pacer Gait Trainer which has allowed her to resume walking outdoors; however, it is unsafe to use in winter. It is crucial for her to be able to use the gait trainer for daily walks in order to maintain her muscular strength and mental health. The solution is to design a transfer device that will allow her to use her gait trainer on a Horizon T101 treadmill to give her the opportunity to maintain her muscle conditioning when weather conditions are not favorable. The transfer device will need to allow the gait trainer to be wheeled onto the treadmill and secure the wheels in position so it cannot fall off the side while she's walking. It will need to hold the weight of the gait trainer, the user, and one caregiver, totaling to 173.6 kg. It will need to be easy for caregiving staff to use, taking no more than 5 minutes to assemble, under 22 kg, and have the ability to fold in order to maintain the functionality of her living environment.

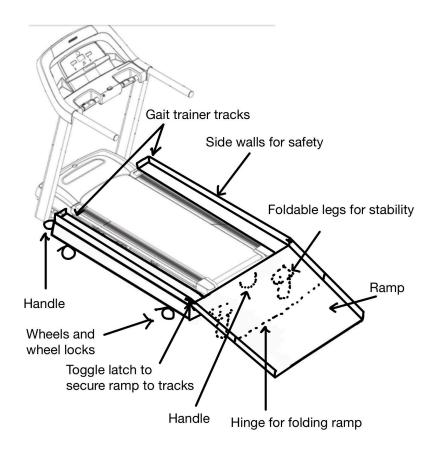
Brief status update

The team met and brainstormed 3 designs for the design matrix and to show to the family. The team met with the family to discuss which design concept is their favorite based on their specifications. The team measured dimensions of the client's treadmill and gait trainer.

Difficulties / advice requests

NA

Current design



Materials and expenses

Item	Description	Mft Pt#	l Vendor	Vendor Cat#	Date	l#	Cost Each	Total	Link
Category 1									
								\$0.00	
								\$0.00	
Category 2									
								\$0.00	
								\$0.00	
							TOTAL:	\$0.00	

Major team goals for the next week

- 1. Finish preliminary presentation slides
- 2. Practice preliminary presentation delivery
- 3. Continue to do research to help with finalizing the design

Next week's individual goals

- Grace
 - o Create my slides for the preliminary presentation
 - Prepare for the presentation
 - Work on creating a 3D model of the treadmill in solidworks
- Sierra
 - o Prepare for the preliminary presentation
 - Assist with creating a SolidWorks treadmill model to help with the prototyping process
 - Brainstorm about how we can fabricate our chosen design
- Julia
 - o Prepare notes for preliminary presentation
 - o Refine design
 - o Research or have meetings about fabrication of design
- Sara
 - o Brainstorm fabrication of our design
 - o Refine the design details and measurements
- Katelynn
 - o Create my slides for the preliminary presentation
 - o Research cost-effective versions of proposed materials
 - o Prepare for preliminary presentation

Timeline

Task		Sept				0	ct				N	ov		D	ec
	11	18	25	3	8	10	17	24	31	7	21	20	28	5	10
Project R&D															
Empathize	Χ	Х	Х												
Background	Χ	Χ	Χ												
Prototyping															
Testings															
Deliverables															
Progress Reports	Χ	Χ	Χ												
PDS		Х	Х												
Design Matrix			Х												
Prelim Presentation															
Prelim Deliverables															
Show and Tell															
Final Poster															
Final Deliverables															
Meetings															
Client	Х	Х	Х												

Advisor	Χ	Х	Х						
Website									
Update	Χ	Χ	Χ						

Filled boxes = projected timeline **X** = task was worked on or completed

Previous week's goals and accomplishments

The team continued to do preliminary research on gait trainers, materials, and standards to work on the PDS. The team was unable to meet with the family over teams, but instead emailed them questions about the project to gain more information on the specifications wanted. The team finished the first draft of the product design specifications.

Activities

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Grace Neuville	9/7/2025	Wrote problem statement	0.5	2	5.5
	9/7/2025	Researched ramp standards	0.5		
	9/7/2025	Worked on timeline in progress report	0.5		
	9/8/2025	Researched portable ramp designs	0.5		
	9/16/2025	Worked on my section of the PDS	1.5	1.5	
	9/24/2025	Refined the suitcase ramp design	0.5	1.5	
	9/24/2025	Researched importance of gait trainers	0.5		
	9/25/2025	Worked on the design matrix	0.5		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Sierra Loosen	9/8/2025	Brainstormed questions for client meeting	0.5	1	8
	9/8/2025	Researched ADA compliant ramp dimensions	0.5		
	9/14/25	Research relating to the importance of physical activity and current designs of portable ramps	1.5	5	
	9/14/25	Completed assigned sections of PDS	1.5		

9/18/25	Proof read and formatted PDS	0.5		
9/18/25	Individual preliminary design brainstorming	0.5		
9/20/25	Refined individual preliminary design idea	0.5	2	
9/21/25	Wrote descriptions for design matrix criteria	0.5		
9/24/25	Helped finish design matrix	1		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Julia Shefchik	9/8/2025	Wrote questions for client meeting	0.5	1.5	8.5
	9/8/2025	Reviewed given information on pacer gait trainer and treadmill to answer client questions	0.5		
	9/11/2025	Researched material options	0.5		
	9/14/2025	Further research on aluminum as a potential material	0.5	3	
	9/17/2025	Formatted and contributed to the team PDS document	1.5		
	9/17/2025	Researched the treadmill and gait trainer the client uses	0.5		
	9/17/2025	Edited the problem statement	0.5		
	9/19/2025	Individual preliminary design and research to inform design	1	4	
	9/21/2025	Help format preliminary design presentation	0.5		
	9/22/2025	Refined preliminary design	0.5		
	9/24/2025	Refined preliminary design using client feedback	0.5		
	9/24/2025	Wrote design matrix discussion and contributed information for design 1	1.5		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Sara Mlodik	9/9/2025	Brainstormed/looked over client meeting	.5	1.5	8

	questions and progress report			
9/11/2025	Analyzed the 2024 project process in the team notebook and found areas for improvement	1		
9/14/2025	Finished analyzing the 2024 project process and notes and wrote questions for the upcoming client meeting	1	2.5	
9/14/2025	Completed assigned sections of PDS	1.5		
9/18/2025	Made a design sketch, a ramp model, and brainstormed specific questions for the design team	1.5	2.5	
9/19/2025	Researched the background information on gait trainers	1		
9/23/2025	Refined preliminary design #1 into preliminary design #2	.5	1.5	
9/24/2025	Worked on slides and notes for the Preliminary Presentation	.5		
9/24/2025	Helped finish design matrix	.5		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Katelynn Johnson	9/9/2025	Brainstormed questions for client meetings.	0.5	1.5	7.5
	9/9/2025	Reviewed previous group's final report and client comments.	0.5		
	9/10/2025	Reviewed BPAG resources and funding options.	0.5		
	9/16/2025	Reviewed NIOSH lifting guidelines and other safety research relating to caregiver safety.	1	3.5	
	9/17/2025	Completed assigned sections of the PDS and Progress Report #2	1		
	9/18/2025	Used information gained from client meetings to brainstorm designs.	1.5		
	9/21/2025	Researched how the gait trainer wheel locks operate, and brainstormed how to allow the best access to these locks while the gait trainer is elevated with wheel tracks.	0.5	2.5	
	9/21/2025	Updated my preliminary design to account to reduce design weight, and to make the	1.5		

	folding process easier.		
9/22/2025	Researched pre-existing aluminum ramps that could be modified for the design.	0.5	