February 24th, 2023



Reducing Whole-Body Vibrations in Neonatal Transport

Team Members:

Joshua Varghese (Team Leader), Meghan Horan (Communicator), Sydney Polzin (BWIG), Nicole Parmenter (BSAC), and Joey Byrne (BPAG)

Clients: Dr. Ryan McAdams, Dr. Joshua Gollub

Advisor: Dr. Melissa Kinney

The Clients

Dr. Ryan McAdams, MD

- Neonatology Division Chief
- UW faculty member for the UW School of Medicine and Public Health
- 24 years of experience in neonatal transport medicine





10 years of experience with aeromedical transports in the Air Force

Dr. Joshua Gollub, MD

- Fellow at the University of Wisconsin School of Medicine and Public Health
- Specializes in neonatal medicine



Problem Statement

- Ill neonates may require transport to neonatal intensive care units (NICU).
- Transport subjects neonates to whole-body vibrations (WBV).
- WBV can lead to head bleeding, neurodevelopmental impairment, and death.
- No current vibration-reducing device used.



Figure 1: Ambulance ground transport [1]



Figure 2: Hospitalized neonate receiving treatment [2]



Background Information

- Critically ill neonates
 - Birth defects or preterm birth
 - Fragile germinal matrix [3]
 - Intraventricular Hemorrhaging (IVH)
- Current Transport Setup
 - Incubator
 - Incubator control box
 - Support systems
 - Platform/ Deck
 - Mattress



Figure 3: Intraventricular Hemorrhaging in Neonate [4]



Figure 4: International Biomed Travel Incubator [5].



Competing Designs

- Quasi-zero-stiffness (QZS) isolator [6]
 - Pair of repelling ring magnets
 - Coil spring
 - Viscous Damper



Figure 5: Quasi-Zero-Stiffness Isolator Diagram

- Isolation device for shock reduction [7]
 - Between isolette and stretcher platform
 - Air or gas springs
 - Adjustable pressure for range of frequency attenuation



Figure 6: Isolation Device for Shock Reduction Diagram



Product Design Specifications

- Limits:
 - Reduce vibrations below 0.315 m/s^2 [8]
 - Human Sensitivity Range: 3-20 Hz [9]
- Device:
 - Allow the infant to maintain vital signs
 - Device must attach to current incubator setup
 - Or include all associated functions
 - Must fit inside or under incubator
 - 53 cm H x 48 cm W x 99 cm L [10]
- Testing:
 - Develop testing method which meets industry standards
 - Continuously collect data for 1 week
 - Utilize accelerometers
 - Capable of 100 Hz sampling frequency [11]



Design 1: Gel Composite Design

- A total of four inserts, placed in between the inner and outer trays.
 - Reduce vibrations as close to the location of the neonate as possible, primarily in the x and y directions
- Three repeated layers of foam, aluminum, gel, and aluminum, and a stainless steel outer layer on each of the four inserts to reduce the amplitude and longevity of the vibrations [12].



Figure 7: Model of gel Composite Dampers placed in the isolette and outlined in red. Dimensions in mm.



Figure 8: Side damper model. Dimensions in mm.

Figure 9: Corner damper model. Dimensions in mm. Dampers placed in between the inner and outer trays in the isolette.

Figure 10: Gel

Composite

Sydney Polzin



Design 1: Gel Composite Design Results



Figure 11: Power spectral density graphs for measurements (A) inside the incubator without the dampening prototype, and (B) inside the incubator with the dampening prototype.



Sydney Polzin

Design 2: Spring Viscous Damper Design

Fixed plat Anchor plate Figure 13: Superimposed placement of spring, damper, and cables on the neonatal transport system.

Moveable plate

Figure 12: Depiction of the Spring Viscous Damper Component with dimensions in cm [13].



- Common in buildings to dissipate seismic energy from earthquakes [14]
- The piston provides resistance to velocity by compressing on a viscous fluid such as oil, glycerin or silicone
- The spring provides a restoring force that increases proportionally with displacement
- The tensions in the cables extending from the bearing can be tuned to act as an additionally damper for the system [15]

Joshua Varghese



Design 3: Spring and Damper Design

- Placed between the inner and outer trays of isolette and underneath the inner tray
 - Reduce vibrations and absorb shock in x, y, and z directions
 - Combines both damping and oscillating components [16]
- Different spring constants to improve accuracy
- Close proximity to neonate for more precise vibration attenuation
- May require redesign of inner tray and reduce vertical space



Figure 14: Neonatal transport incubator and Spring and Damper design [17]

Nicole Parmenter





 Table 1: Design matrix evaluation
comparing the three preliminary vibration attenuation devices.



Meghan Horan



Future Work

- Choose between magnetic and air pocket dampening mechanism
- 2. Investigate accelerometers for use in preliminary testing
- **3**. Begin prototyping



Figure 15: A photo of the team doing a med flight tour to see the equipment impacted by the design.



Acknowledgements

The team would like to extend their appreciation to Dr. Ryan McAdams and Dr. Josh Gollub for inspiring this project and guiding its development. Additional thanks to Dr. Melissa Kinney for her ongoing support & guidance.

Supporting Organizations:

Department of Biomedical Engineering UnityPoint Health-Meriter and American Family Children's Hospital NICUs

Meghan Horan



References

[1] Shutterstock, 2021. Ambulance Transport. [image] Available at: [Accessed 21 February 2023].

[2] "What is preterm birth?" https://www.nottingham.ac.uk/helm/dev/prism/rlo1/screen05.html (accessed Feb. 22, 2023).

[3] P. Ballabh, "Intraventricular Hemorrhage in Premature Infants: Mechanism of Disease," Pediatr. Res., vol. 67, no. 1, pp. 1–8, Jan. 2010, doi: 10.1203/PDR.0b013e3181c1b176.

[4] "Diagnosis of intraventricular hemorrhage (IVH) in premature babies," AboutKidsHealth, 31-Oct-2009. [Online]. Available: https://www.aboutkidshealth.ca/article?contentid=18106language=english. [Accessed: 21-Feb-2023].

[5] International Biomedical, 2022. Isolette being loaded into helicopter. [image] Available at: https://international Biomedical, 2022. Isolette being loaded into helicopter. [image] Available at: https://international Biomedical, 2022. Isolette being loaded into helicopter. [image] Available at: https://int-bio.com/wp-content/uploads/2021/04/DSC_0463-scaled.jpg> [Accessed 21 February 2023].

[6] J. Zhou, K. Wang, D. Xu, H. Ouyang, and Y. Fu, "Vibration isolation in neonatal transport by using a quasi-zero-stiffness isolator," J. Vib. Control, vol. 24, no. 15, pp. 3278–3291, Aug. 2018, doi: 10.1177/1077546317703866.

[7] M. Bailey-vankuren and A. Shukla, "Isolation device for shock reduction in a neonatal transport apparatus," 20070089236, Apr. 26, 2007 Accessed: Sep. 22, 2022. [Online]. Available: https://www.freepatentsonline.com/y2007/0089236.html

[8] 14:00-17:00, "ISO 2631-5:2018," ISO. https://www.iso.org/standard/50905.html (accessed Feb. 06, 2023).

[9] L. Blaxter et al., "Neonatal head and torso vibration exposure during inter-hospital transfer," Proc. Inst. Mech. Eng. [H], vol. 231, no. 2, pp. 99–113, Feb. 2017, doi: 10.1177/0954411916680235.

[10] "Voyager - int-bio." https://int-bio.com/neonatal-transport/transport-incubators/voyager/ (accessed Feb. 05, 2023).

[11] I. Goswami, "Whole-body vibration in neonatal transport: a review of current knowledge and future research challenges - ClinicalKey." https://www-clinicalkey-com.ezproxy.library.wisc.edu/#!/content/playContent/1-s2.0-S0378378220302139?returnurl=null&referrer=null (accessed Sep. 21, 2022).

[12] B. Biju, A. Ramesh, A. R. Krishnan, A. G. Nath, and C. J. Francis, "Damping characteristics of woodpecker inspired layered shock absorbing structures," Materials Today: Proceedings, vol. 25, pp. 140–143, 2020.

[13] "Seismic performance evaluation of a spring viscous damper cable system | Elsevier Enhanced Reader." https://reader.elsevier.com/reader/sd/pii/S0141029618309738?token=8CDA639C645DD8438638D7E612D1E80ACD5912ECE5151D7FDC0A5446BA70244719CA362E705A8B1F41762B1840F15A77&originRegi on=us-east-1&originCreation=20230214025651 (accessed Feb. 13, 2023).

[14] G. P. Warn and K. L. Ryan, "A Review of Seismic Isolation for Buildings: Historical Development and Research Needs," Buildings, vol. 2, no. 3, Art. no. 3, Sep. 2012, doi: 10.3390/buildings2030300.

[15] F. Hernández, R. Astroza, J. F. Beltrán, X. Zhang, and V. Mercado, "A experimental study of a cable-pulleys spring-damper energy dissipation system for buildings," Journal of Building Engineering, vol. 51, p. 104034, Jul. 2022, doi: 10.1016/j.jobe.2022.104034.

[16] "Mass-Spring-Damper Systems: The Theory." Bournemouth University, 2001. Accessed: Feb. 12, 2023. [Online]. Available: https://faculty.washington.edu/seattle/physics227/reading/reading-3b.pdf

[17] "Damper Spring | 3D CAD Model Library | GrabCAD." https://grabcad.com/library/damper-spring-1 (accessed Feb. 14, 2023).





