

Title: Gait Trainer with Treadmill (Step Masters) 200/300

Date: 10/17/2025 - 10/23/2025

Client: Amanda Pajerski

Advisor: Dr. Ashton

Team:

Grace Neuville, Leader, geneuville@wisc.edu

Sierra Loosen, BSAC, sloosen@wisc.edu

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Problem statement

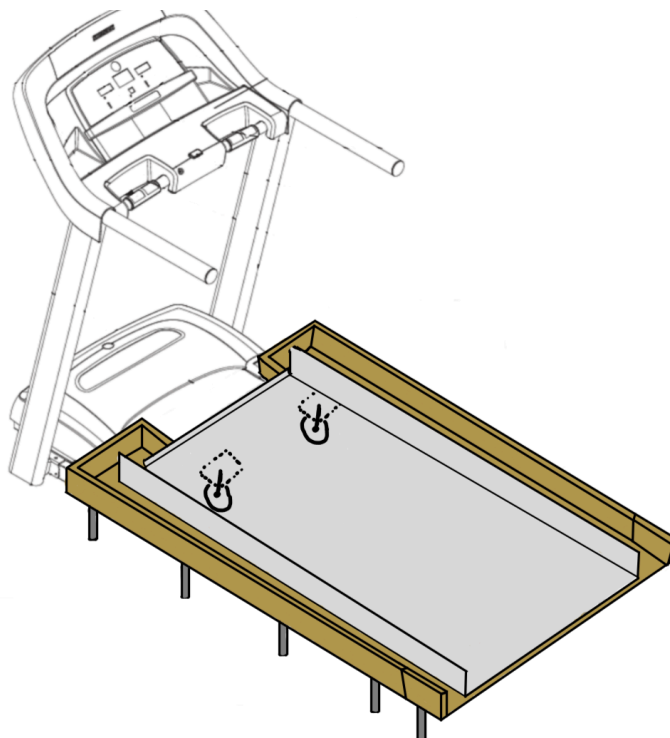
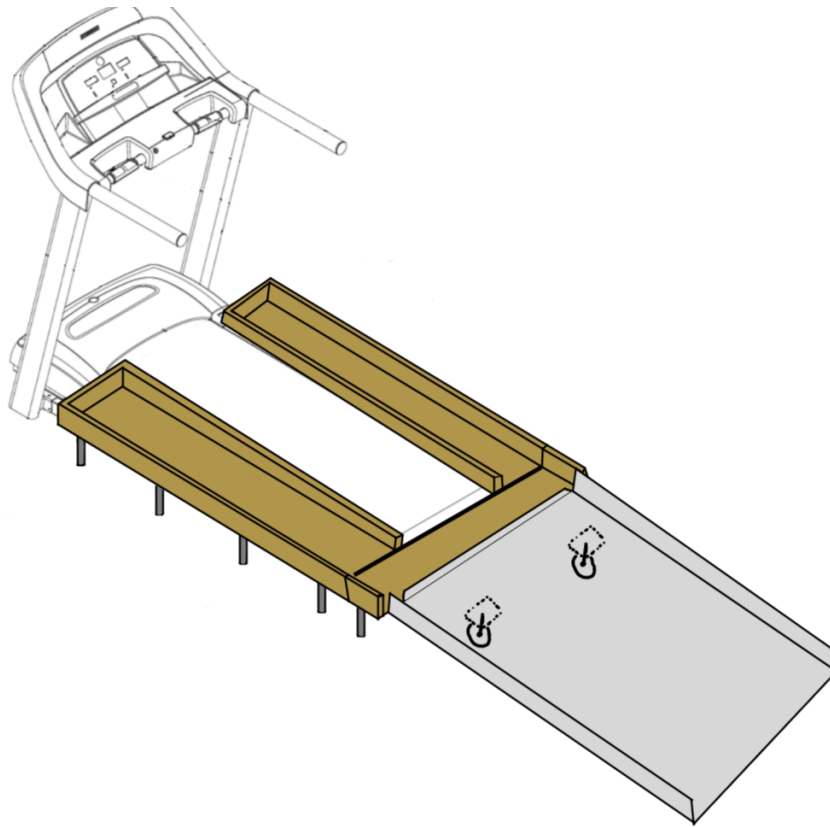
A woman with a significant mobility impairment due to a seizure disorder requires support while walking because of seizure risks and poor postural strength. She has a Rifton Pacer Gait Trainer which has allowed her to resume walking outdoors; however, it is unsafe to use in winter. It is crucial for her to be able to use the gait trainer for daily walks in order to maintain her muscular strength and mental health. The solution is to design a transfer device that will allow her to use her gait trainer on a Horizon T101 treadmill to give her the opportunity to maintain her muscle conditioning when weather conditions are not favorable. The transfer device will need to allow the gait trainer to be wheeled onto the treadmill and secure the wheels in position so it cannot fall off the side while she's walking. It will need to hold the weight of the gait trainer, the user, and one caregiver, totaling to 173.6 kg. It will need to be easy for caregiving staff to use, taking no more than 5 minutes to assemble, under 22 kg, and have the ability to fold in order to maintain the functionality of her living environment.

Brief status update

This week, the team met with fabrication staff to discuss the most recent design. After receiving feedback, the team has decided to purchase a different type of adjustable leg that will be less likely to shift in height while under the side tracks. The new legs have a piece that will more securely hold the leg at a specified height. The team also decided on the specific wood to use for the side tracks, which was then purchased at Home Depot. The prefabricated ramp is in the process of being ordered and delivered.

Difficulties / advice requests

Current design



Materials and expenses

Item	Description	Manufac-turer	Mft Pt#	Vendor	Vendor Cat#	Date	#	Cost Each	Total	Link
Requested for Purchase										
Ramp	5' L x 36" W Aluminum Threshold Ramp (10" max rise)	Silver Spring	N/A	Discount Ramps	STR-536	10/21	1	\$329.99	\$329.99	Aluminum Ramp
Adjustable Leg Supports	Black Full Size Adjustable Height Center Support Leg Bed Frame (Set of 3) 3 in. L x 2 in. W x 7-14 in. H	Signature Home	SDB1 305-3	Home Depot	3283660 91	10/21	3	\$49.93	\$149.79	Adjustable Height Legs
								TOTAL:	\$479.78	
Purchased										
2x10 - 8ft Lumber	Premium Southern Yellow Pine for side track base	N/A	8524 81	Home Depot	852481	10/22	2	\$8.35	\$16.70	2 x 10 - 8 feet SYP
1x5 - 6ft Lumber	Common Board for side tracks.	N/A	2057 3868 9	Home Depot	100163 8967	10/22	2	\$4.94	\$9.88	1 x 5 - 6ft Whitewood
								TOTAL:	\$26.58	

Major team goals for the next week

1. Complete SolidWorks modeling of the device
2. Create fabrication plan for the side tracks
3. Prepare for Show and Tell with peers

Next week's individual goals

- Grace
 - Assist in solidworks
 - Prepare for show and tell
 - Review fabrication protocol
- Sierra
 - Write fabrication protocol for side tracks
 - Prepare for show and tell
- Julia
 - Review fabrication protocol

- Finish legs in SolidWorks
- Sara
 - Review fabrication protocol
 - Prepare for show and tell
 - Assist in SolidWorks
- Katelynn
 - Finish BME Design Trainings
 - Prepare for Show and Tell
 - Review Fabrication Protocol

Timeline

Task	Sept			Oct						Nov				Dec	
	11	18	25	3	8	10	17	24	31	7	21	20	28	5	10
Project R&D															
Empathize	X	X	X												
Background...	X	X	X												
Prototyping						X	X								
Testings						X									
Deliverables															
Progress Reports	X	X	X	X	X	X	X								
PDS		X	X	X	X	X	X								
Design Matrix			X												
Prelim Presentation				X											
Prelim Deliverables				X	X										
Show and Tell															
Final Poster															
Final Deliverables															
Meetings															
Client	X	X	X			X									
Advisor	X	X	X	X	X	X	X								
Website															
Update	X	X	X	X	X	X	X								

Filled boxes = projected timeline

X = task was worked on or completed

Previous week's goals and accomplishments

The team met with client and family to discuss design updates and alternatives compared to the first preliminary design. The team met and determined the final design. The team created a CAD model of the side tracks portion of the device and performed load testing to determine what materials would meet the specifications and loading requirements. From there, the team ordered preliminary materials including the adjustable legs, the ramp, toggle latch, and the wheels.

Activities

Name	Date	Activity	Time (h)		Week Total (h)	Sem. Total (h)
Grace Neuville	9/7/2025	Wrote problem statement	0.5		2	20
	9/7/2025	Researched ramp standards	0.5			
	9/7/2025	Worked on timeline in progress report	0.5			
	9/8/2025	Researched portable ramp designs	0.5			
	9/16/2025	Worked on my section of the PDS	1.5		1.5	
	9/24/2025	Refined the suitcase ramp design	0.5		1.5	
	9/24/2025	Researched importance of gait trainers	0.5			
	9/25/2025	Worked on the design matrix	0.5			
	9/29/2025	Worked on my section of the preliminary presentation	0.5		3.5	
	9/29/2025	Created a treadmill part in solidworks	2			
	10/2/2025	Created final design drawing	0.5			
	10/2/2025	Worked on final design section of preliminary presentation	0.5			
	10/6/2025	Researched testing methods	1		3	
	10/6/2025	Worked on testing section of the preliminary report	1			
	10/7/2025	Met with Fabrication staff	0.5			
	10/8/2025	Revised preliminary report	0.5			
	10/9/2025	Researched aluminum availability and created a new design idea	1		6	

	10/10/2025	Researched design alternatives and created a new design idea	2			
	10/15/2025	Helped create CAD model of the side tracks and performed load testing	2			
	10/16/2025	Updated CAD model	1			
	10/16/2025	Updated notebook with the side tracks solidworks data	1.5		2.5	
	10/18/2025	Determined how to conduct simulation testing with multibody and multimaterial parts	1			

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Sierra Loosen	9/8/25	Brainstormed questions for client meeting	0.5	1	16.5
	9/8/2025	Researched ADA compliant ramp dimensions	0.5		
	9/14/2025	Research relating to the importance of physical activity and current designs of portable ramps	1.5	4	
	9/14/2025	Completed assigned sections of PDS	1.5		
	9/18/2025	Proof read and formatted PDS	0.5		
	9/18/2025	Individual preliminary design brainstorming	0.5		
	9/20/2025	Refined individual preliminary design idea	0.5	2	
	9/21/2025	Wrote descriptions for design matrix criteria	0.5		
	9/24/2025	Helped finish design matrix	1		
	10/1/2025	Brainstorming for final design	0.5	1.5	
	10/2/2025	Preliminary presentation prep	1		
	10/4/2025	Updated PDS	1	3	
	10/6/2025	Individual work on preliminary report	1.5		
	10/7/2025	Research on prefabricated ramps	0.5		
	10/14/25	Brainstorm design with prefabricated ramp	1	3	

	10/15/25	Work on dimensions and SolidWorks	2	2	
	10/20/25	Researched more stable adjustable legs	0.5		
	10/22/25	Discussed design/purchasing materials with Dr. P, provided transportation to Home Depot for lumbar purchase	1		
	10/22/25	Began brainstorming for fabrication plan of side tracks	0.5		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Julia Shefchik	9/8/2025	Wrote questions for client meeting	0.5	1.5	18
	9/8/2025	Reviewed given information on pacer gait trainer and treadmill to answer client questions	0.5		
	9/11/2025	Researched material options	0.5		
	9/14/2025	Further research on aluminum as a potential material	0.5	3	
	9/17/2025	Formatted and contributed to the team PDS document	1.5		
	9/17/2025	Researched the treadmill and gait trainer the client uses	0.5		
	9/17/2025	Edited the problem statement	0.5		
	9/19/2025	Individual preliminary design and research to inform design	1	4	
	9/21/2025	Help format preliminary design presentation	0.5		
	9/22/2025	Refined preliminary design	0.5		
	9/24/2025	Refined preliminary design using client feedback	0.5		
	9/24/2025	Wrote design matrix discussion and contributed information for design 1	1.5		
	9/26/2025	Begin brainstorm for preliminary design presentation	0.5	1.5	
	10/2/2025	Prepare for preliminary design presentation	1		
	10/5/2025	Set up design meeting and inform staff of project	0.5	2	

	10/7/2025	Meet with design staff	0.5		
	10/7/2025	Individual work on preliminary report and revising	1		
	10/12/2025	Created new design folding	1	3.5	
	10/13/2025	Wrote questions for client meeting	0.5		
	10/14/2025	Created new design with prefabricated ramp	1		
	10/14/2025	Search for materials and hardware	0.5		
	10/16/2025	Talk with design staff	0.5		
	10/19/2025	Find leg alternatives for tracks design	0.5	2.5	
	10/20/2025	Review procedures in SolidWorks	0.5		
	10/22/2025	Search for adjustable leg models and start designing model in SolidWorks	1.5		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Sara Mlodik	9/9/2025	Brainstormed/looked over client meeting questions and progress report	.5	1.5	15
	9/11/2025	Analyzed the 2024 project process in the team notebook and found areas for improvement	1		
	9/14/2025	Finished analyzing the 2024 project process and notes and wrote questions for the upcoming client meeting	1	4	
	9/14/2025	Completed assigned sections of PDS	1.5		
	9/18/2025	Made a design sketch, a ramp model, and brainstormed specific questions for the design team	1.5		
	9/19/2025	Researched the background information on gait trainers	1	2.5	
	9/23/2025	Refined preliminary design #1 into preliminary design #2	.5		
	9/24/2025	Worked on slides and notes for the Preliminary Presentation	.5		
	9/24/2025	Helped finish design matrix	.5		
	9/26/2025	Brainstormed design ideas and telescoping legs	.5	1.5	

	10/2/2025	Worked on slides and notes for the Preliminary Presentation	1		
	10/6/2025	Individual work on preliminary report	1	2	
	10/9/2025	Research on material and design alternatives	1		
	10/12/2025	Brainstorm and sketch proposed new design	1	2	
	10/12/2025	Create model for proposed new design	1		
	10/17/2025	Sketch the team new design with dimensions	1	1.5	
	10/20/2025	Research adjustable legs	0.5		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Katelynn Johnson	9/9/2025	Brainstormed questions for client meetings.	0.5	1.5	18
	9/9/2025	Reviewed previous group's final report and client comments.	0.5		
	9/10/2025	Reviewed BPAG resources and funding options.	0.5		
	9/16/2025	Reviewed NIOSH lifting guidelines and other safety research relating to caregiver safety.	1	3.5	
	9/17/2025	Completed assigned sections of the PDS and Progress Report #2	1		
	9/18/2025	Used information gained from client meetings to brainstorm designs.	1.5		
	9/21/2025	Researched how the gait trainer wheel locks operate, and brainstormed how to allow the best access to these locks while the gait trainer is elevated with wheel tracks.	0.5	2.5	
	9/21/2025	Updated my preliminary design to account to reduce design weight, and to make the folding process easier.	1.5		
	9/22/2025	Researched pre-existing aluminum ramps that could be modified for the design.	0.5		
	9/26/2025	Set-up budgeting and materials tracking system after reviewing additional BPAG resources and guidelines at BPAG meeting.	1	2	

	9/30/2025	Edited slides for our preliminary presentation	0.5		
	10/2/2025	Practiced for preliminary presentation.	0.5		
	10/7/2025	Individual work on preliminary report	0.75	2	
	10/8/2025	Individual work on preliminary report	0.75		
	10/8/2025	Investigated BME department funding opportunities.	0.5		
	10/12/2025	Research for new design	1	5	
	10/13/2025	Sketched out new design	0.5		
	10/14/2025	Research for new design	0.5		
	10/15/2025	Sketched out new design	0.5		
	10/16/2025	Sourced Preliminary Fabrication Materials	1.5		
	10/16/2025	Submit BME department funding request	1		
	10/21/2025	Coordinated BME funding and purchase requests.	1	1.5	
	10/22/2025	Updated budgeting documentation to reflect purchases and changes to design.	0.5		