Title: Gait Trainer with Treadmill (Step Masters) 200/300

Date: 11/14/2025 - 11/20/2025

Client: Amanda Pajerski Advisor: Dr. Ashton

Team:

Grace Neuville, Leader, geneuville@wisc.edu Sierra Loosen, BSAC, sloosen@wisc.edu Julia Shefchik, Communicator, jshefchik2@wisc.edu Sara Mlodik, BWIG, mlodik@wisc.edu

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Problem statement

A woman with a significant mobility impairment due to a seizure disorder requires support while walking because of seizure risks and poor postural strength. She has a Rifton Pacer Gait Trainer which has allowed her to resume walking outdoors; however, it is unsafe to use in winter. It is crucial for her to be able to use the gait trainer for daily walks in order to maintain her muscular strength and mental health. The solution is to design a transfer device that will allow her to use her gait trainer on a Horizon T101 treadmill to give her the opportunity to maintain her muscle conditioning when weather conditions are not favorable. The transfer device will need to allow the gait trainer to be wheeled onto the treadmill and secure the wheels in position so it cannot fall off the side while she's walking. It will need to hold the weight of the gait trainer, the user, and one caregiver, totaling to 173.6 kg. It will need to be easy for caregiving staff to use, taking no more than 5 minutes to assemble, under 22 kg, and have the ability to fold in order to maintain the functionality of her living environment.

Brief status update

This week, the team finished bolting the wheels and handles to the ramp, as well as grinding sharp edges on the ramp. Once fabrication was completed, the team conducted final testing to determine the ease of use of the device. Originally, the plan was to use straps, carabiners, and D rings to strap the tracks together; however, the client was not comfortable with this attachment method and wanted a more rigid method. The team decided to move forward with 80-20, and sliding brackets to attach the front of the side tracks together while still allowing adjustability of the width. Additionally, to stabilize the ramp, the team plans to use pins to connect the ramp into oval-shaped holes in the wood of the side tracks.



Device in the storage position.



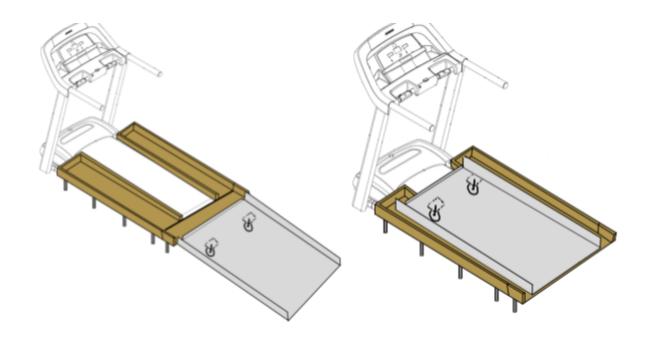
Assembled device on the treadmill.



Gait trainer on treadmill with side tracks.

Difficulties / advice requests

Current design



Materials and expenses

Item	Description	Manufac- turer	Mft Pt#	Vendor	Vendor Cat#	Date	#	Cost Each	Total	Link	
D		turei	r t n		Cath			Lacii			
Requested for	r Purcnase	I								I	
									4		
								TOTAL:	\$0.00		
Purchased											
	20-pack; to cover										
Rubber	exposed ends of	DMiotech	N/A	Amazon	B0B59	11/20	1	\$5.03	\$5.03	<u>Rubber</u>	
End-Caps	screws from	Divilotech	11/74	Alliazoli	MCLHN	11/20	_	75.05	75.05	End-caps	
	handles.										
	4-pack (black) for		2065		B0DJ4R						
D-Rings	secondary	TKYPZY		76 Amazon		11/19	1	\$6.75	\$6.75	D-Rings	
	stabilization system.		/6		HB5Q						
	For securing the				DOEONIA						
Nylon Staps	side tracks to each	NatureBlend	N/A	Amazon	B0F8N3	11/15	1	\$17.99	\$17.99	<u>Straps</u>	
	other. (2-pack)				X88V						
	For securing the	51.			D00D14	11/15					
Carabiner	side tracks to each	Rhino	N/A	Amazon	B08DL4	&	2	\$8.99	\$17.98	Carabiner	
Clips	other. (2-pack)	Produxs			19TT	11/19				<u>Clips</u>	
	Additional Hardware										
	purchased. Washers			DI Lab					4		
Hardware	and new screws for	N/A	N/A	@ ECB	N/A	11/17	_	_	\$8.80	N/A	
	Kayak Handles.										
	½ in - 20 x 2.5										
Hardware	Round Head Brass	Everbilt	_	Home	_	11/15	7	\$1.47	\$10.29	Handle Bolts	
	Machine Screws;			Depot				'			

								TOTAL:	\$575.88	
Adjustable Leg Supports	4 pack adjustable height center support leg. Adjusts from 7.2" to 14.8"	Signature Home	SDB1 305-3	Home Depot	3283660 91	10/21	2	\$35.05	\$66.59	Adjustable Height Legs
Ramp	5' L x 36" W Aluminum Threshold Ramp (10" max rise)	Silver Spring	N/A	Discount Ramps	STR-536	10/21	1	\$329.99	\$329.99	Aluminum Ramp
1x5 - 6ft Lumber	Common Board for side tracks.	N/A	2057 3868 9	Home Depot	100163 8967	10/22	2	\$4.94	\$9.88	1 x 5 - 6ft Whitewood
2x10 - 8ft Lumber	Premium Southern Yellow Pine for side track base	N/A	8524 81	Home Depot	852481	10/22	2	\$8.35	\$16.70	2 x 10 - 8 feet SYP
1 x 4 Lumber	Two 55" Aspen boards and Two 52" Aspen boards were purchased.	N/A	2070 5905 4	Home Depot	100000 5744	11/2	18	\$2.17	\$39.06	1 x 4 Aspen Boards
Wheels	Red Polyurethane 3" Rigid caster wheels	Everbilt	4120 424E B	Home Depot	074523 212042	11/5	2	11.37	22.74	Red Caster Wheels
Kayak Handles	4-pack: Double Hole Nylon Rubber Kayak Carry Handles	HDCBMCDD M-US	DF25F ED	Amazon	B08RW MXQ7S	11/12	1	\$11.59	\$11.59	<u>Kayak Handles</u>
Felt Furniture Pads	To line the bottom edge of the ramp	VOCOMO	N/A	Amazon	B0C814 K7QW	11/15	1	\$9.99	\$9.99	Felt Furniture Pads
	#8-32 x ¾ in Round Head Machine Screws; #8-32 Plated Nylon Lock Nuts; #10-24 x 2-½ Round Head Machine Screws; ½ in. Zinc Flat Washers									

Major team goals for the next week

- 1. Finish fabrication of the prototype
- 2. Complete all necessary testing
- 3. Begin working on final deliverables

Next week's individual goals

- Grace
 - Finish prototype
 - o Begin working on final deliverables
- Sierra
 - Finalize the prototype
 - o Begin working on final deliverables
- Julia
 - Finish prototype
 - Work on final deliverables
- Sara
 - Work on final deliverables
- Katelynn
 - o Process returns and reimbursement requests.
 - o Work on final deliverables.
 - o Finish prototype

Timeline

Task	Sept		Oct						Nov				Dec		
	11	18	25	3	8	10	17	24	31	7	21	20	28	5	10
Project R&D															
Empathize	Х	Х	Х												
Background	Х	Х	Х												
Prototyping						Х	Х	Х	Х	Х	Х				
Testings						Х			Х	Х	Х	Х			
Deliverables															
Progress Reports	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х			
PDS		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х			
Design Matrix			Х												
Prelim Presentation				Х											
Prelim Deliverables				Х	Х										
Show and Tell									Χ						

Final Poster												Х		
Final Deliverables												Х		
Meetings														
Client	Х	Х	Х			Х					Х	Х		
Advisor	Х	Х	Х	Х	Х	Х	Х				Х	Х		
Website														
Update	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х		

Filled boxes = projected timeline **X** = task was worked on or completed

Previous week's goals and accomplishments

Last week, the side tracks were stained with Red Mahogany wood stain, and the adjustable legs were attached to the bottom of the tracks. The team performed preliminary testing of the side tracks and ramp on the treadmill. The sidetracks showed some displacement during testing, but overall good stability. The team began brainstorming a way to attach the sidetracks to each other to add further stability.

Activities

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Grace Neuville	9/7/2025	Wrote problem statement	0.5	2	40
	9/7/2025	Researched ramp standards	0.5		
	9/7/2025	Worked on timeline in progress report	0.5		
	9/8/2025	Researched portable ramp designs	0.5		
	9/16/2025	Worked on my section of the PDS	1.5	1.5	
	9/24/2025	Refined the suitcase ramp design	0.5	1.5	
	9/24/2025	Researched importance of gait trainers	0.5		
	9/25/2025	Worked on the design matrix	0.5		

preser	ed on my section of the preliminary ntation	0.5	3.5
9/29/2025 Create	ed a treadmill part in solidworks	0	
		2	
10/2/2025 Create	ed final design drawing	0.5	
	d on final design section of inary presentation	0.5	
10/6/2025 Resea	rched testing methods	1	3
	d on testing section of the inary report	1	
10/7/2025 Met w	ith Fabrication staff	0.5	
10/8/2025 Revise	ed preliminary report	0.5	
	rched aluminum availability and d a new design idea	1	6
	rched design alternatives and d a new design idea	2	
	d create CAD model of the side and performed load testing	2	
10/16/2025 Updat	ed CAD model	1	
	ed notebook with the side tracks orks data	1.5	2.5
	nined how to conduct simulation with multibody and multimaterial	1	
	d with updating the sidetracks orks model	2	8
10/27/2025 Helper	d with fabrication of sidetracks	2	
10/29/2025 Worke	d on SoldiWorks FEA of sidetracks	3	
10/29/2025 Helper	d with fabrication of sidetracks	1	
11/3/2025 Helpe	d with fabrication of sidetracks	1.5	1.5
11/11/2025 Create	ed testing protocols	1	2
11/12/2025 Updat	ed solidworks model	1	
11/16/2025 Updat	ed FEA study of side tracks	3	8.5
11/17/2025 Ramp	fabrication	2.5	
	nome testing and attachment method torming	3	

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Sierra Loosen	9/8/25	Brainstormed questions for client meeting	0.5	1	36.5
	9/8/2025	Researched ADA compliant ramp dimensions	0.5		
	9/14/2025	Research relating to the importance of physical activity and current designs of portable ramps	1.5	4	
	9/14/2025	Completed assigned sections of PDS	1.5		
	9/18/2025	Proof read and formatted PDS	0.5		
	9/18/2025	Individual preliminary design brainstorming	0.5		
	9/20/2025	Refined individual preliminary design idea	0.5	2	
	9/21/2025	Wrote descriptions for design matrix criteria	0.5		
	9/24/2025	Helped finish design matrix	1		
	10/1/2025	Brainstorming for final design	0.5	1.5	
	10/2/2025	Preliminary presentation prep	1		
	10/4/2025	Updated PDS	1	3	
	10/6/2025	Individual work on preliminary report	1.5		
	10/7/2025	Research on prefabricated ramps	0.5		
	10/14/2025	Brainstorm design with prefabricated ramp	1	3	
	10/15/2025	Work on dimensions and SolidWorks	2		
	10/20/2025	Researched more stable adjustable legs	0.5	2	
	10/22/2025	Discussed design/purchasing materials with Dr. P, provided transportation to Home Depot for lumbar purchase	1		
	10/22/2025	Began brainstorming for fabrication plan of side tracks	0.5		
	10/27/2025	Helped with fabrication of side tracks	2.5	5.5	
	10/29/2025	Helped with fabrication of side tracks	1		
	10/30/2025	SolidWorks model of ramp	2		
	11/3/2025	Side tracks fabrication	1.5	4.5	
	11/4/2025	Updated side tracks fabrication protocol	0.5		
	11/5/2025	Returned wheels and purchased new	1		

	ones at Home Depot			
11/6/2025	Assembled adjustable legs	1		
11/12/2025	Preliminary in home testing	1.5	2.5	
11/12/2025	Researched ways to attach side tracks to each other	1		
11/17/2025	Ramp fabrication	2.5	7.5	
11/19/2025	Testing at Nadine's home and attachment method brainstorming	3		
11/20/2025	Attachment method fabrication	2		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Julia Shefchik	9/8/2025	Wrote questions for client meeting	0.5	1.5	32.5
	9/8/2025	Reviewed given information on pacer gait trainer and treadmill to answer client questions	0.5		
	9/11/2025	Researched material options	0.5		
	9/14/2025	Further research on aluminum as a potential material	0.5	3	
	9/17/2025	Formatted and contributed to the team PDS document	1.5		
	9/17/2025	Researched the treadmill and gait trainer the client uses	0.5		
	9/17/2025	Edited the problem statement	0.5		
	9/19/2025	Individual preliminary design and research to inform design	1	4	
	9/21/2025	Help format preliminary design presentation	0.5		
	9/22/2025	Refined preliminary design	0.5		
	9/24/2025	Refined preliminary design using client feedback	0.5		
	9/24/2025	Wrote design matrix discussion and contributed information for design 1	1.5		
	9/26/2025	Begin brainstorm for preliminary design presentation	0.5	1.5	
	10/2/2025	Prepare for preliminary design	1		

	presentation		
10/5/2025	Set up design meeting and inform staff of project	0.5	2
10/7/2025	Meet with design staff	0.5	
10/7/2025	Individual work on preliminary report and revising	1	
10/12/2025	Created new design folding	1	3.5
10/13/2025	Wrote questions for client meeting	0.5	
10/14/2025	Created new design with prefabricated ramp	1	
10/14/2025	Search for materials and hardware	0.5	
10/16/2025	Talk with design staff	0.5	
10/19/2025	Find leg alternatives for tracks design	0.5	2.5
10/20/2025	Review procedures in SolidWorks	0.5	
10/22/2025	Search for adjustable leg models and start designing model in SolidWorks	1.5	
10/24/2025	Design legs in SolidWorks	2	6.5
10/25/2025	Finish legs in SolidWorks	1	
10/27/2025	Begin Fabrication of sidetracks	2.5	
10/29/2025	Continue Fabrication of sidetracks	1	
11/3/2025	Continued fabrication of sidetracks	1.5	2.5
11/5/2025	Begin sanding and detaching sidetracks	1	
11/10/2025	Consult with design staff for wheel attachment methods	0.5	2
11/12/2025	Preliminary Testing at Clients house	1.5	
11/14/2025	Research sidetracks attachment method	1	3.5
11/14/2025	Brainstorm friction determination method	0.5	
11/14/2025	Source materials and find desired bolts	1	
11/19/2025	Research injury prevention with mobility devices	1	

Name Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)	
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Sara Mlodik	9/9/2025	Brainstormed/looked over client meeting questions and progress report	.5	1.5	30
	9/11/2025	Analyzed the 2024 project process in the team notebook and found areas for improvement	1		
	9/14/2025	Finished analyzing the 2024 project process and notes and wrote questions for the upcoming client meeting	1	4	
	9/14/2025	Completed assigned sections of PDS	1.5		
	9/18/2025	Made a design sketch, a ramp model, and brainstormed specific questions for the design team	1.5		
	9/19/2025	Researched the background information on gait trainers	1	2.5	
	9/23/2025	Refined preliminary design #1 into preliminary design #2	.5		
	9/24/2025	Worked on slides and notes for the Preliminary Presentation	.5		
	9/24/2025	Helped finish design matrix	.5		
	9/26/2025	Brainstormed design ideas and telescoping legs	.5	1.5	
	10/2/2025	Worked on slides and notes for the Preliminary Presentation	1		
	10/6/2025	Individual work on preliminary report	1	2	
	10/9/2025	Research on material and design alternatives	1		
	10/12/2025	Brainstorm and sketch proposed new design	1	2	
	10/12/2025	Create model for proposed new design	1		
	10/17/2025	Sketch the team new design with dimensions	1	1.5	
	10/20/2025	Research adjustable legs	0.5		
	10/26/2025	Helped with updating the sidetracks solidworks model	2	5	
	10/27/2025	Woodshop Training	1		
	10/27/2025	Helped with fabrication of side tracks	2		
	11/3/2025	Side tracks fabrication	1.5	1.5	
	11/10/2025	Finished staining the side tracks and attached adjustable-height legs to base	2	3	

11/13/2025	Brainstormed tracks attachment methods	1		
11/17/2025	Ramp fabrication	2.5	5.5	
11/19/2025	Testing at Nadine's home and attachment method brainstorming	3		

Name	Date	Activity	Time (h)	Week Total (h)	Sem. Total (h)
Katelynn Johnson	9/9/2025	Brainstormed questions for client meetings.	0.5	1.5	33.5
	9/9/2025	Reviewed previous group's final report and client comments.	0.5		
	9/10/2025	Reviewed BPAG resources and funding options.	0.5		
	9/16/2025	Reviewed NIOSH lifting guidelines and other safety research relating to caregiver safety.	1	3.5	
	9/17/2025	Completed assigned sections of the PDS and Progress Report #2	1		
	9/18/2025	Used information gained from client meetings to brainstorm designs.	1.5		
	9/21/2025	Researched how the gait trainer wheel locks operate, and brainstormed how to allow the best access to these locks while the gait trainer is elevated with wheel tracks.	0.5	2	
	9/21/2025	Updated my preliminary design to account to reduce design weight, and to make the folding process easier.	1.5		
	9/22/2025	Researched pre-existing aluminum ramps that could be modified for the design.	0.5		
	9/26/2025	Set-up budgeting and materials tracking system after reviewing additional BPAG resources and guidelines at BPAG meeting.	1		
	9/30/2025	Edited slides for our preliminary presentation	0.5		
	10/2/2025	Practiced for preliminary presentation.	0.5		
	10/7/2025	Individual work on preliminary report	0.75		
	10/8/2025	Individual work on preliminary report	0.75		
	10/8/2025	Investigated BME department funding	0.5		

		opportunities.			
	10/12/2025	Research for new design	1	5	
	10/13/2025	Sketched out new design	0.5		
	10/14/2025	Research for new design	0.5		
	10/15/2025	Sketched out new design	0.5		
	10/16/2025	Sourced Preliminary Fabrication Materials	1.5		
	10/16/2025	Submit BME department funding request	1		
	10/21/2025	Coordinated BME funding and purchase requests.	1	1.5	
	10/22/2025	Updated budgeting documentation to reflect purchases and changes to design.	0.5		
	10/27/2025	Updated purchasing information and documentation.	0.5	5	
	10/29/2025	Constructed a 3D cardboard model of our design for show and tell.	3		
	10/30/2025	Designed a slideshow to support the team's 60 second pitch for show and tell on Friday.	1.5		
	11/3/2025	Assisted with the fabrication of the side tracks.	1	2	
	11/3/2025	Woodshop training	0.5		
	11/6/2025	Updated purchasing information and documentation.	0.5		
	11/7/2025	Assisted with staining the side tracks	1.5	5	
	11/10/2025	Finished staining the side tracks and attached adjustable-height legs to base	2		
	11/12/2025	Researched vendors for handles, submitted a new purchase request and updated budgeting/materials documentation.	1.5		
	11/17/2025	Assisted with ramp fabrication	1.5	3.5	
	11/20/2025	Made purchases, updated documentation, and sourced additional hardware.	1		
	11/20/2025	Assisted with Attachment Method Fabrication	1		