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# Upper Extremity Dynamic Sling

Team Leader: Kelly Hanneken  
Communicator: Kate Binder  
BWIG: Marie Greuel  
BSAC/BPAG: Matthew Walker

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Client: Mrs. Karen Blaschke, OTR/L, CHT  
Advisor: Mitchell Tyler M.S., P.E.

# Agenda

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- Problem Statement, Client Info
  - Motivation
  - Design Constraints
  - Last Semester Summary
    - Prototype
    - Evaluation/Testing
  - Goals with Timeline
  - Budget
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# Problem Statement

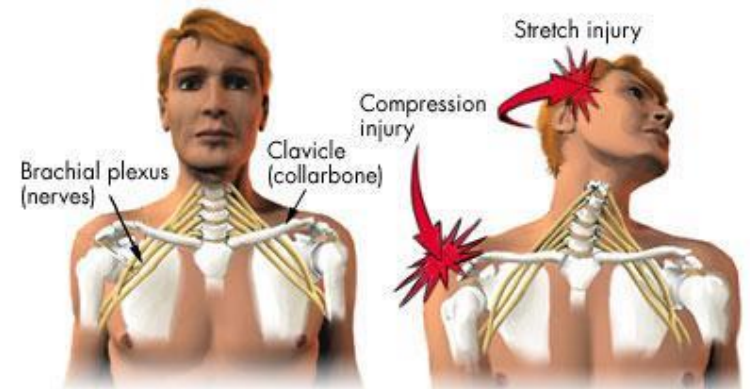
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- Client: Karen Blaschke, OTR/L, CHT, Rehabilitation Medicine, UW Hospital and Clinics
  - Sling to support upper extremities during running for post brachial plexus injury
  - Possibly applied to rotator cuff injuries as well as other impact injuries
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# Motivation

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- Brachial plexus injuries occur in people of all ages
  - Most common in young healthy adults
- Many levels of severity
- Varying recovery periods
- Return to active lifestyle
  - Can't do so w/o assistance



# Design Constraints

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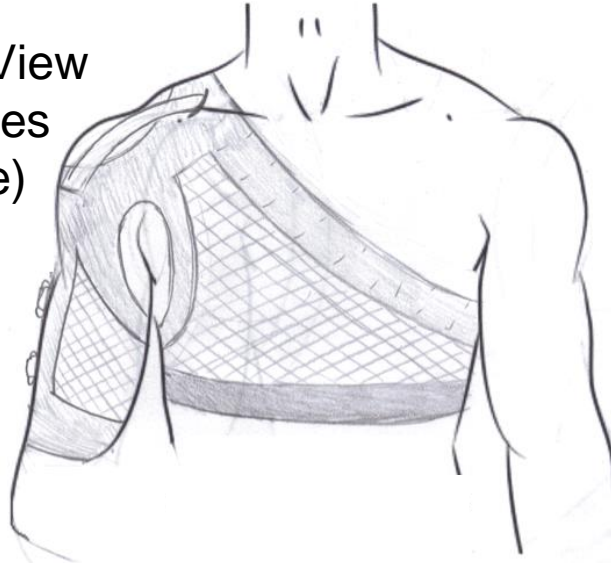
## Functions:

- Assist user while running / during exercise
    - Maintain “normal” body mechanics
  - Prevent shoulder slouching
  - Adjust to different body types / disability level
  - One-handed assembly
  - Comfortable, breathable, lightweight
  - Washable
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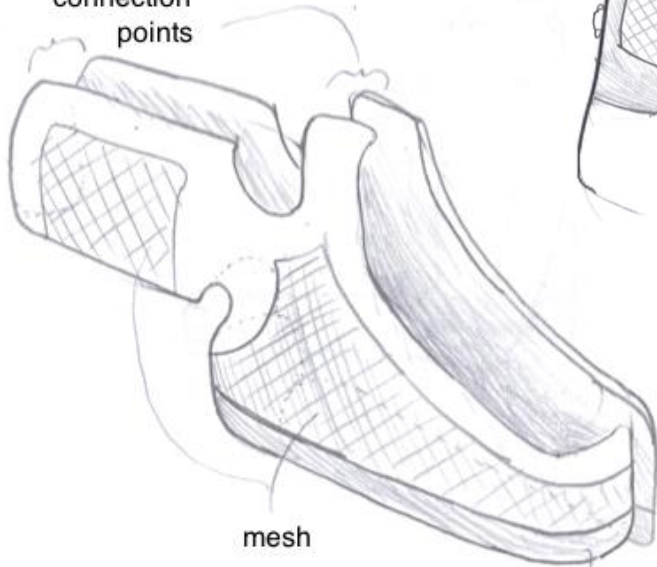
# Our Design

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Anterior View  
(Excludes  
Sleeve)



connection  
points

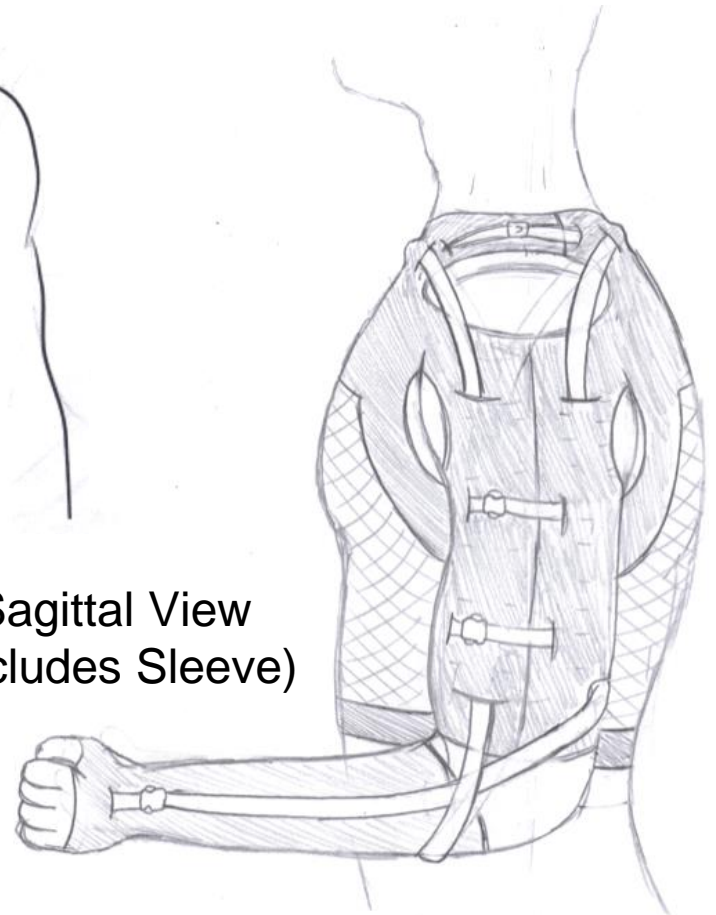


mesh

elastic  
band

connection  
point

Sagittal View  
(Includes Sleeve)



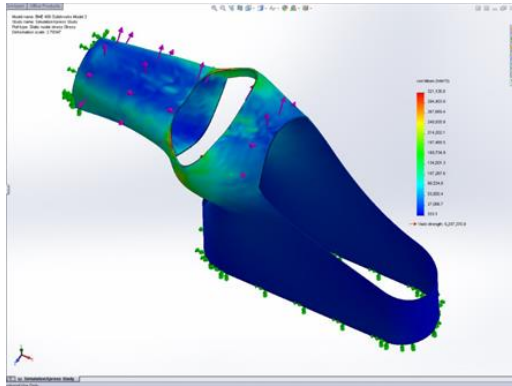
# Prototype

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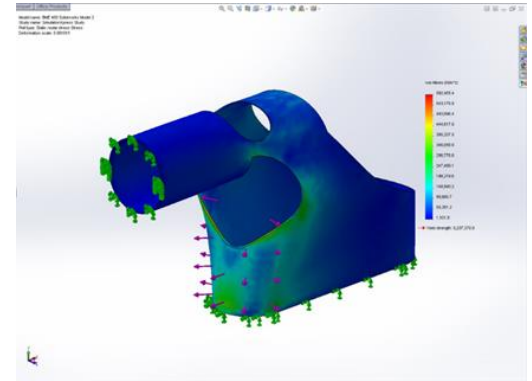
# Evaluation

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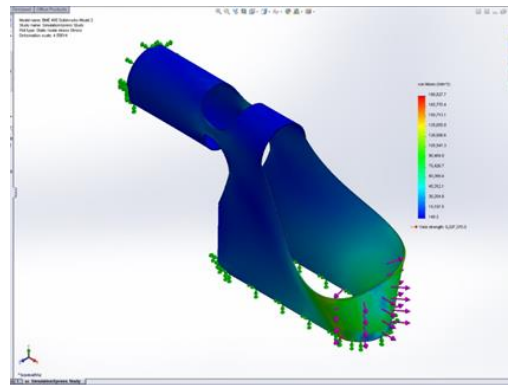


Von Mises Stress resulting from 50 N of force on top of sleeve and shoulder strap

Average factor of safety at 50 N is 32, much higher than our desired factor of safety of 2.



Von Mises Stress resulting from 50 N of force on axillary strap of injured side



Von Mises Stress resulting from 50 N of force on outside axillary strap of non-injured side



# Goals and Timeline

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## Quantitative Testing: Cyclic Loading Tests

- Neoprene
  - Tension Cables
  - Investigate how materials hold up over entire recovery period (strength/fatigue)
    - Ensure structural integrity of material is maintained
  - Timeline: March 10 - 14
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# Goals and Timeline

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Quantitative Testing: Motion Capture/Kinect

- Run on treadmill while wearing device
  - Determine if normal body mechanics are maintained during use
  - Can take measurements of interest
  - Timeline: March 24 - 28
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# Goals and Timeline

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## Qualitative Testing: Survey

- Have subjects wear device during running/exercise
  - Complete survey
  - Evaluate comfort, ease of use, and overall impression
  - Timeline: April 7 - 18
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# Budget

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- Past expenses total: \$322
    - Spring 2013: \$80
    - Fall 2013: \$242
  - Projected future costs: \$175
    - Need more:
      - Neoprene (\$80)
      - Tension cables (\$35)
      - Strap and sewing supplies (\$60)
  - Estimated cost of single device: \$100 - \$120
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# Acknowledgements

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- Mitchell Tyler M.S., P.E., *Advisor*
- Karen A. Blaschke OTR/CHT, *Client*

# References

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Mayo Clinic. 2011. Brachial plexus injury. <http://www.mayoclinic.com/health/brachial-plexus-injury/DS00897>

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UC San Diego Health System Neurology. 2011. Brachial Plexus Injury. <http://neurosurgery.ucsd.edu/brachial-plexus-injuries/>

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Questions?

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