

U-Cube Physical Therapy Unit

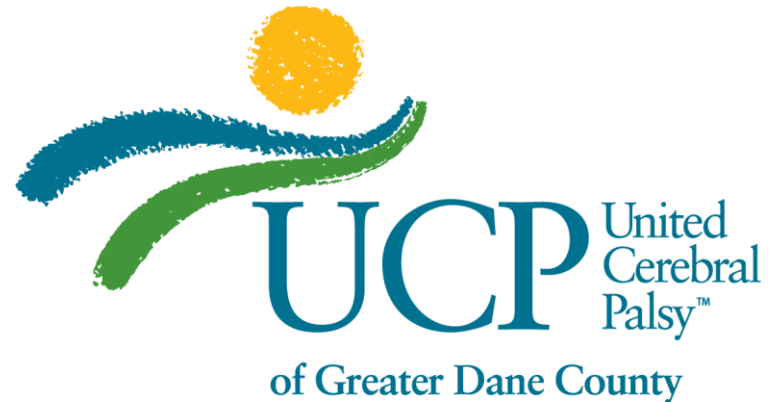
Jon Elicson, Sam Mešanović, Jake Kanack,
and Jon Leja

Client: Matt Jahnke
Adviser: Dr. Saha

Client, Therapist, and Patient

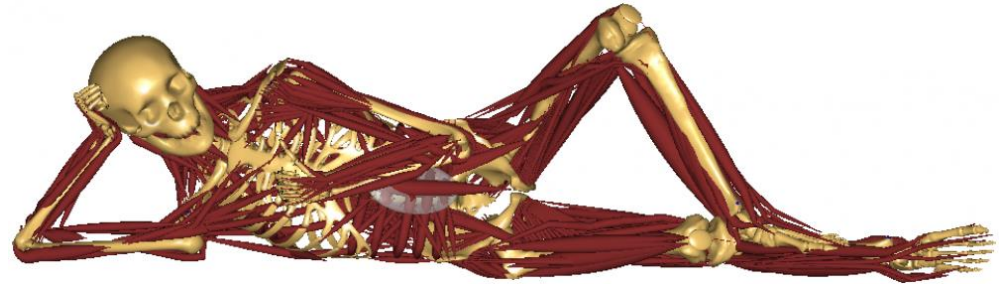


- Matt Jahnke
 - Adult Program Director at United Cerebral Palsy of Greater Dane County
- Amanda Miller
 - Occupational Therapist
- Roberto
 - Traumatic brain injury (TBI) victim



Outline

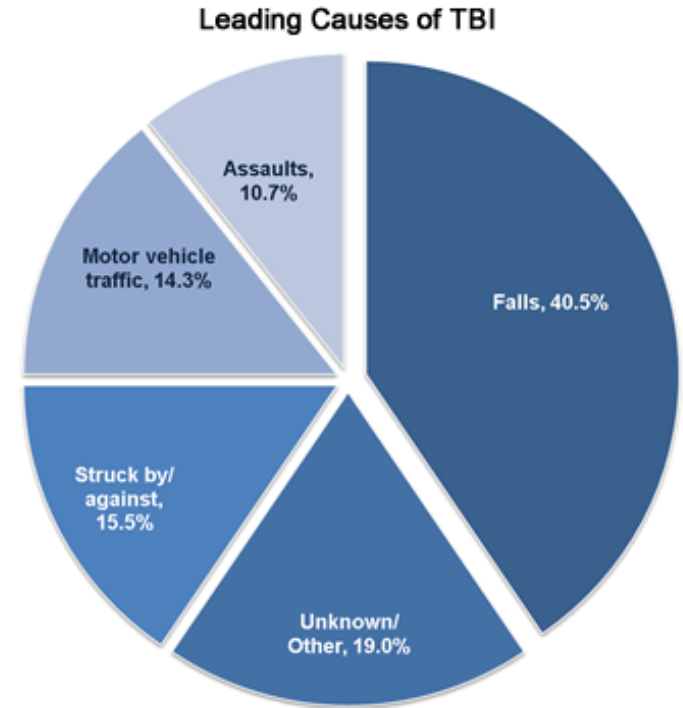
- Background
- Problem statement
- Previous work
- This semester's goals
- Design ideas
- Final design
- Future Work
- References



Background on TBIs

- 2.5 million TBIs in 2010
 - Ranging from mild to severe
 - Can be either “closed” or “penetrating”
 - \$76.5 billion in medical care

- 5.3 million Americans have a TBI related disability
 - Results in decreased physical and cognitive abilities



Current Designs

- Universal Exercise Units
 - Allow for muscular isolation
 - Commercially available
 - Prohibitively expensive (~\$5,500/unit)
- UEU- Suspension accessories
 - Belt- \$250
 - Bungee cords- \$120 for set of 8
 - Accessories set- \$1750



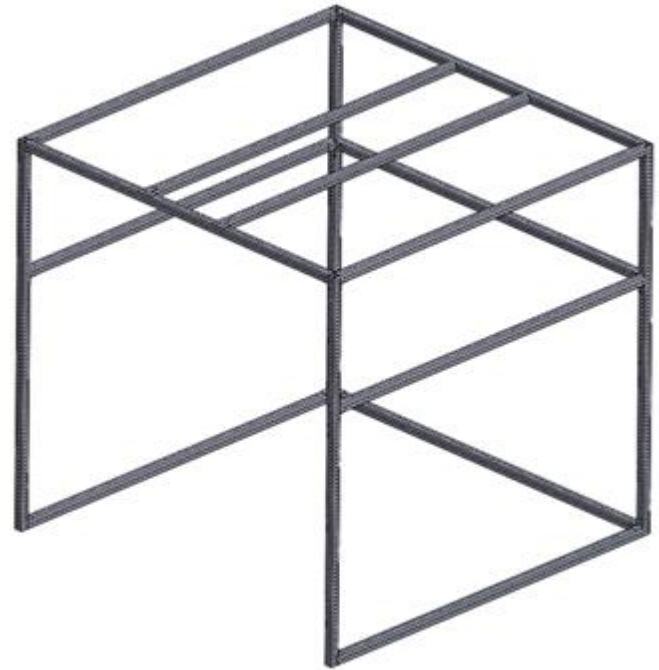
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Problem Statement

- Create and test an intensive therapy unit to elastically suspend a patient at a reduced cost
 - Accomodate patients of varying specifications
 - Prototype will be placed at the Madison Area Rehabilitation Center
- Design a suit for use with our cage prototype
 - The suit must be adjustable and have good weight distribution
- Create an instructions manual and parts list
 - Use “off the shelf” materials and household tools

Previous Work

- Designed U-Cube last semester
 - Total estimated cost ~\$1000
 - 8'x8'x8'
 - Open face for entry
 - 90 degree bolted joint fittings
- Previous members: Austin Gehrke and Taylor Marohl



This Semester's Focus

- Either create or integrate a commercially available suspension suit into our design
- The suit must provide dynamic suspension capabilities
 - Capable of suspending 250 lb
 - Capable of being adjusted to accommodate different individuals
 - Capable being adjusted to accommodate various physical ailments

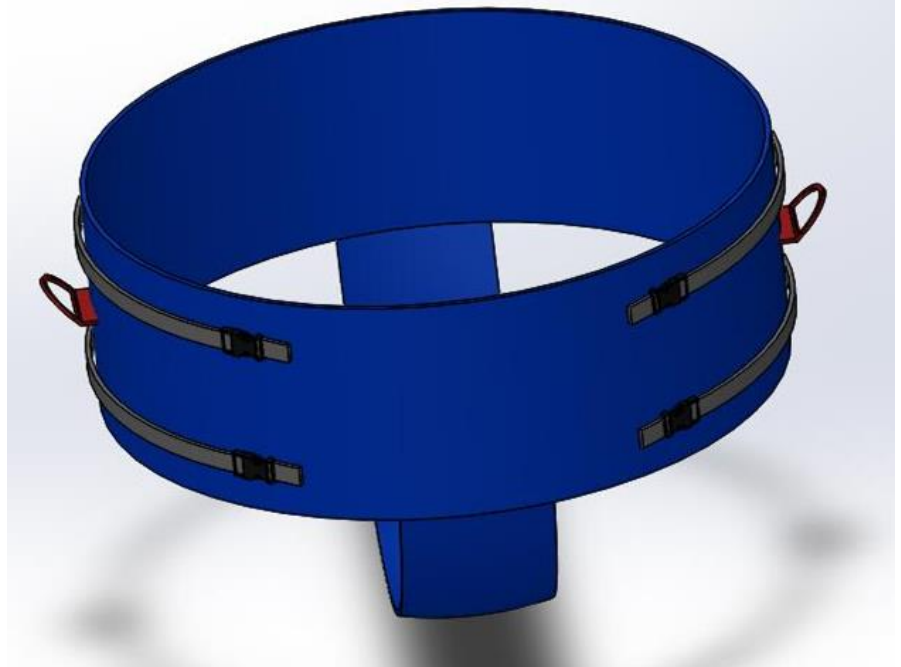
Design Idea 1: DLX Harness

- Even weight distribution around waist
 - adjustable, 28"-50" waist
 - padded waist
 - 300 lb load (136 kg)
- Limited overhead suspension
 - Only two load bearing loops
- Price: \$499



Design Idea 2: The Seat

- Construction
 - Nylon webbing
 - Steel D-rings
 - Neoprene lining
- Groin and waist suspension
- Lower cost, but requires custom fabrication




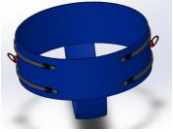

Buckle Models Credit Tim Smith

Design Idea 3: The iHarness

- Commercial product (\$1500)
- Creates biomechanically-appropriate posture
- Breathable, soft, and flexible
 - Fits 84" girth
 - Allows full hip extension



Design Matrix

Design: Criteria (weight)	DLX 		Seat 		iHarness 	
	Physical Support / Distribution of Weight (25)	4/5	20	3/5	15	4/5
Comfort (20)	5/5	20	3/5	12	4/5	16
Ease of Use (20)	4/5	16	4/5	16	3/5	12
Adjustability (15)	3/5	9	3/5	9	4/5	12
Safety (10)	5/5	10	2/5	4	4/5	8
Cost (10)	4/5	8	5/5	10	1/5	2
Total (100)	83		66		70	

Final Design: DLX Harness

- Even weight distribution around waist
 - Adjustable, 28"-50" waist
 - Padded waist
 - 300 lb load (136 kg)
- Limited overhead suspension
 - Only two load bearing loops
- Price: \$499



Integrating the DLX into our cage

- May want to sew in additional load bearing loops
- Create knee pads or elbow pads for additional support
- Possibly integrate a chest support piece



Future Work

- Perform structural analysis
- Secure funding- Bellows Grant
- Perform weight bearing analysis on harness
- Integrate harness into the cage
- Purchase materials and build prototype
- Design and publish instruction manual

Acknowledgements

- Dr. Saha (advisor)
- Mr. Jahnke (client)
- Amanda Miller (therapist)
- Roberto (client's client)
- Dr. Meyerand (previous advisor)
- Andrew (previous client's client)

References

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