



# Design of a Force-Controlled Cartilage Bioreactor

FC Bioreactor

ME 352 | Final Presentation



**Client & ME Faculty Consultant:** *Dr. Henak*

**BME Faculty Consultant:** *Dr. Campagnola*

**TA:** *Patrick Dills*

*Jeffery Guo (ME), Emilio Lim (BME), Griffin Radtke (ME), Sydney Therien (BME)*



# Agenda

## Introduction

*Motivation*  
*Initial Problem Statement*  
*Guiding Research*  
*Client Need and Design Specifications*

## Final Design

*Housing*  
*Actuation*

## Conclusions and Recommendations for Future Work



# Introduction



*Motivation*

*Initial Problem Statement*

*Guiding Research*

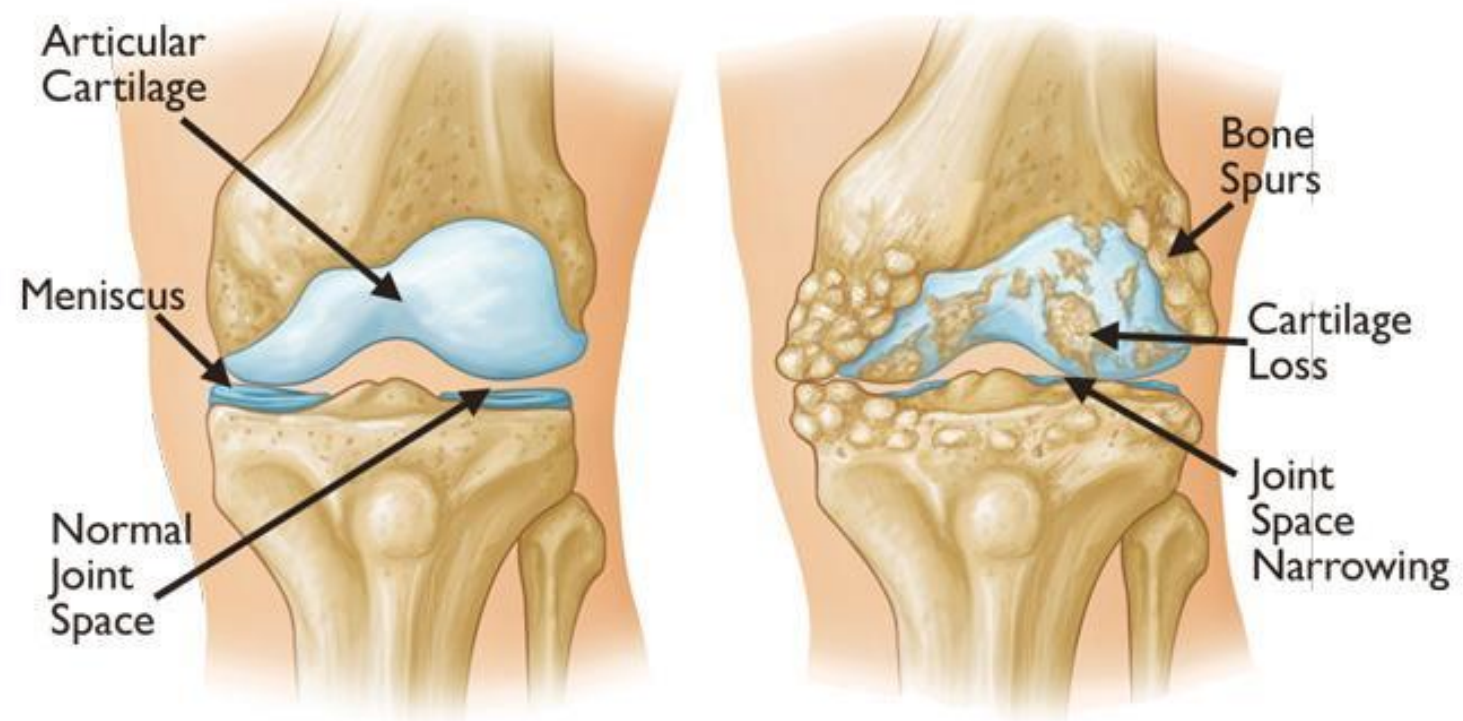
*Client Need and Design Specifications*

# A look into the global impact and background of osteoarthritis (OA)

Osteoarthritis (OA) impacts 7% of the global population.

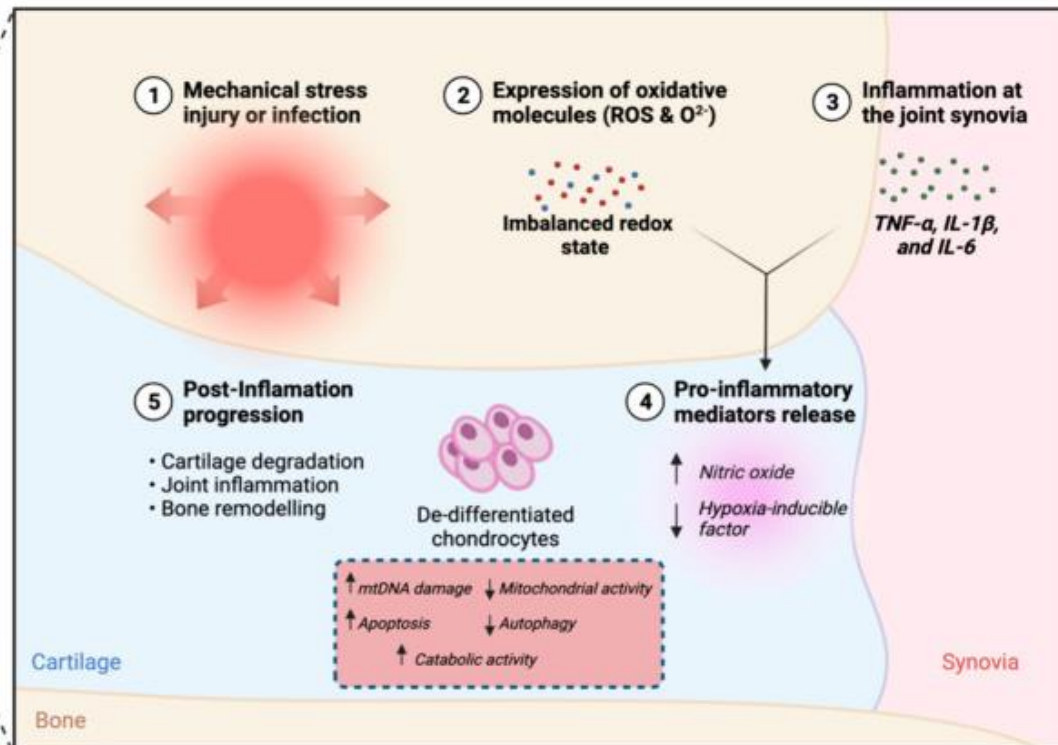
More than 22% of adults older than 40 are estimated to have knee OA.

The mechanisms underlying OA disease progression remain largely unknown



*Depiction of cartilage degradation in knee OA.*

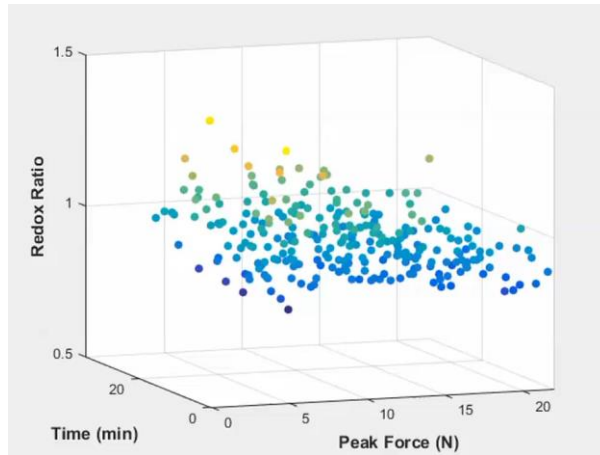
# Cartilage disease state is mechanically mediated



Mechanical loading has been implicated in metabolic dysregulation, which in turn plays a significant role in OA progression.

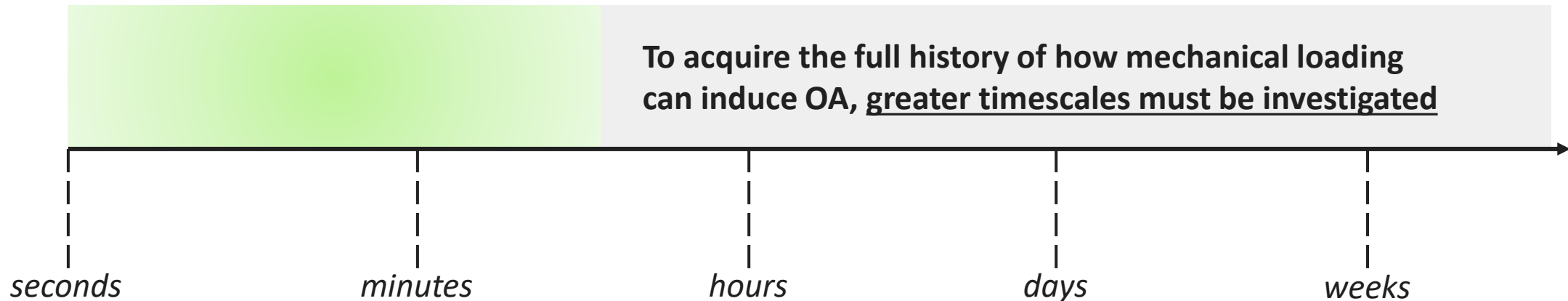


# The long-term metabolic response of cartilage to loading has not been characterized



The Henak Lab has characterized the metabolic response to mechanical loading on short timescales.

Walsh, S. K., Skala, M. C. & Henak, C. R. Real-time optical redox imaging of cartilage metabolic response to mechanical loading. *Osteoarthritis and Cartilage* 27, 1841–1850 (2019).





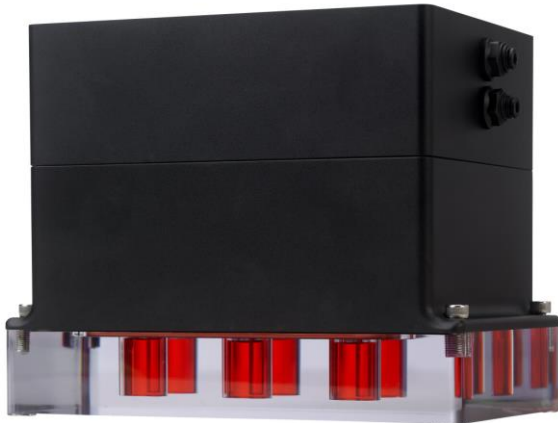
# The Henak Lab investigates the relationship between cartilage metabolism and disease state

*To research the link between long-term mechanical loading and cartilage metabolic balance, Dr. Henak has requested a device capable of applying cyclic loading\* to a cartilage explant culture over several days or weeks.*

\*Due to the poroelastic properties of cartilage, this loading must be force-controlled to avoid sample lift-off.

# Industry and literature guided work

## Industry

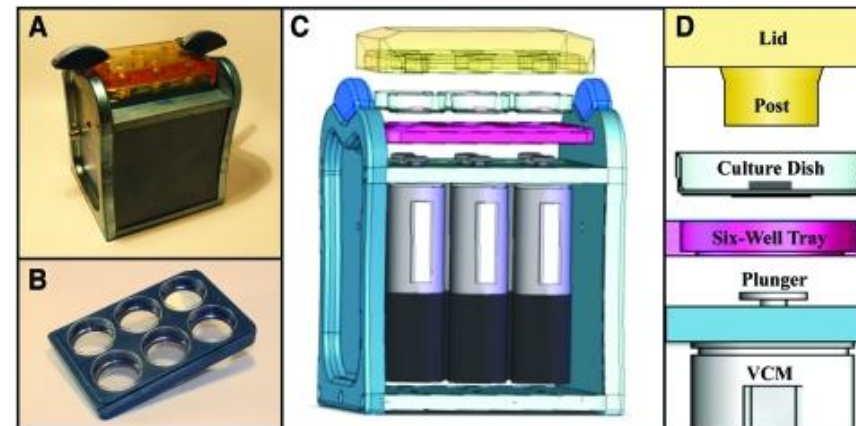


*Not relevant – displacement-controlled or fail to apply uniaxial stress*

<https://www.flexcellint.com/>

<https://www.cellscale.com/>

## Literature



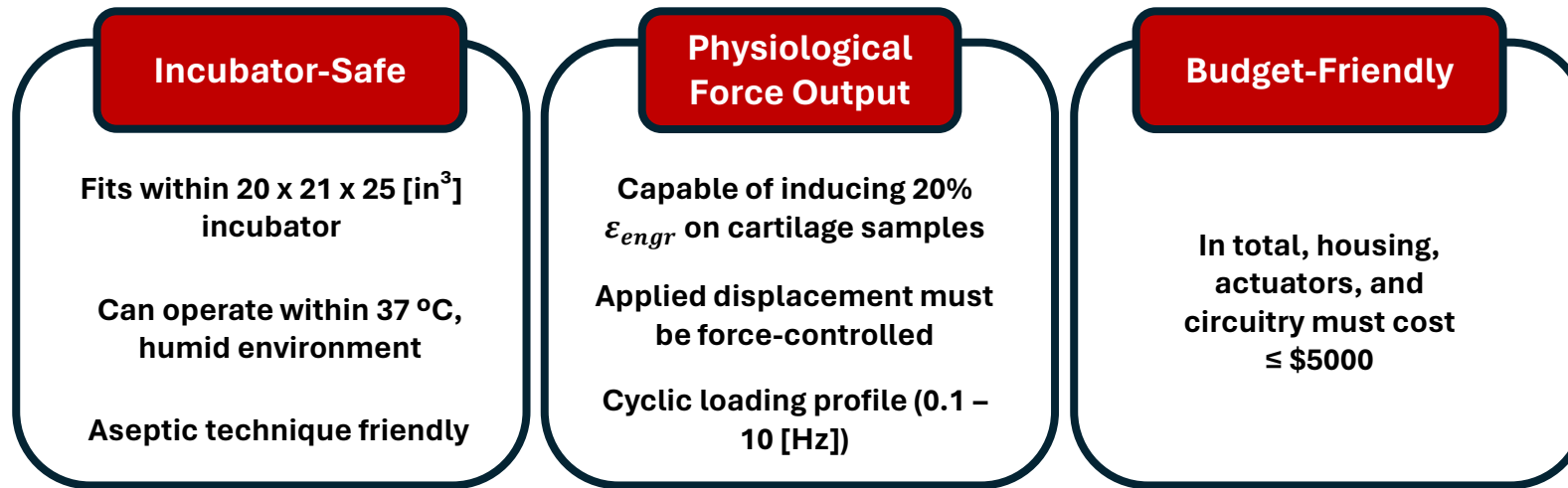
Lujan, T. J. *et al.* A novel bioreactor for the dynamic stimulation and mechanical evaluation of multiple tissue-engineered constructs. *Tissue Eng Part C Methods* 17, 367–374 (2011).

*Provided a force-controlled displacement – informed design*

1.

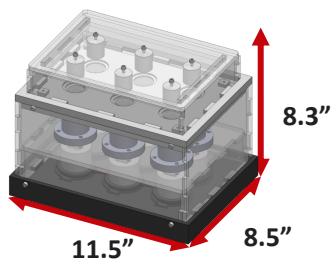


# Client need was directly translated to design specifications

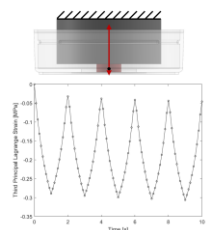


Guided by...

## Material Selection & Design



## Finite Element Analysis, Analytical Calculation, and Circuitry Prototyping



$$\sigma_z = \frac{F_{current}}{A_{ref}} = E\epsilon$$

$$F \approx 6 \text{ N}$$

$$E = 1 \text{ [MPa]}$$

$$\epsilon = 0.2$$

$$A = \frac{\pi}{4} (6 \text{ mm})^2$$



## Mindful, Well-Considered Design

|              | ThorLabs     | Medium GVCM | Large GVCM   | Small (G)LVCM | DDL M      |
|--------------|--------------|-------------|--------------|---------------|------------|
| FC           | 12.4 N/A     | 9 N/A       | 6.9 N/A      | 3.9 N/A       | 7 N/A      |
| DoF          | 3            | 1           | 1            | 1             | 1          |
| Heat Tol     | 324g / 13.5N | 102g / 11N  | 320g / 23.5N | 127g / 9.3N   | 280g / 14N |
| Availability | now          | now         | now          | ~1 month      | now        |
| Cost         | \$3120       | \$5101      | \$4972       | ~\$5000       | \$3413     |



# Final Design



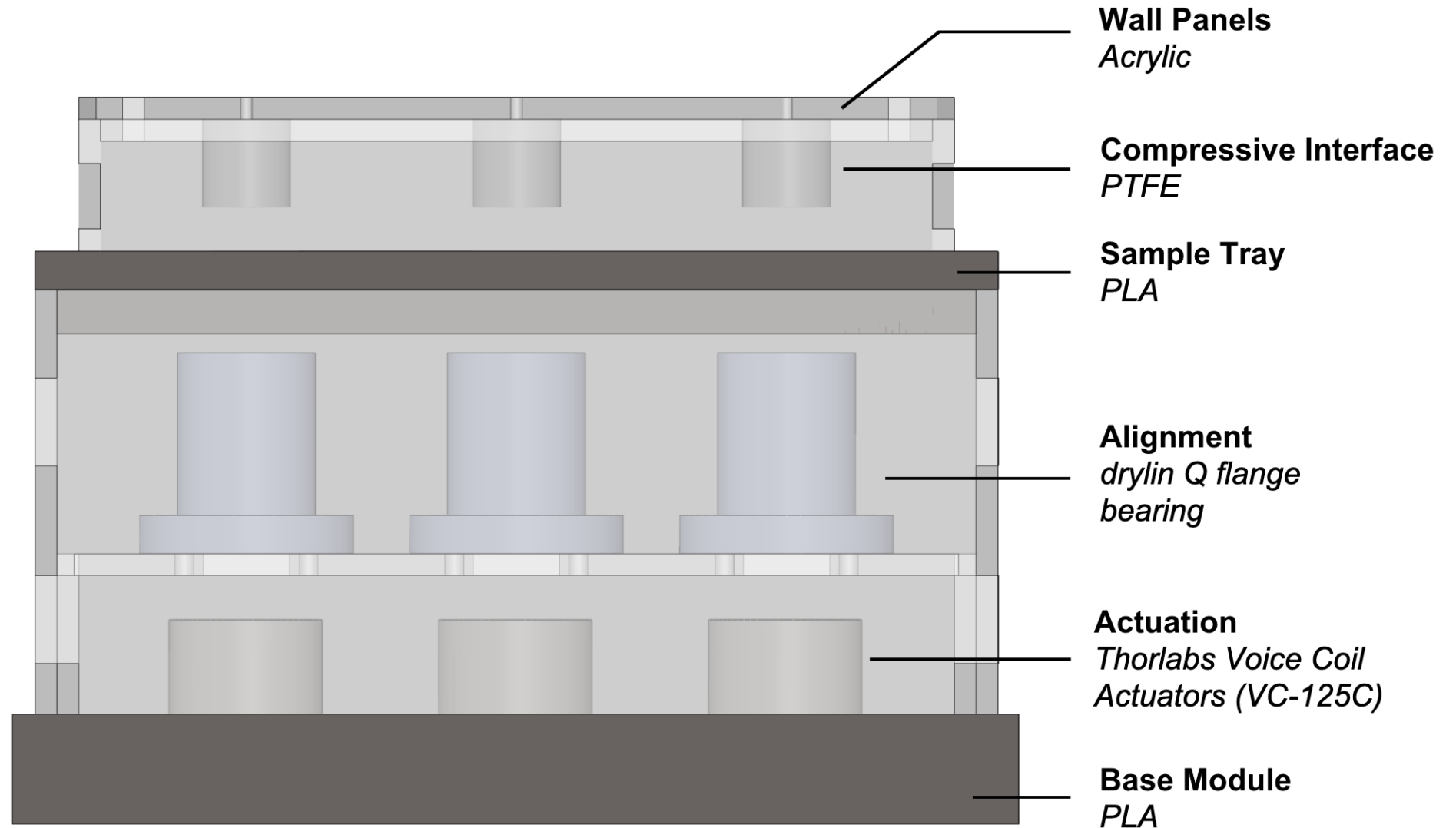
*Overview*

*Housing*

*Actuation*



# Overview



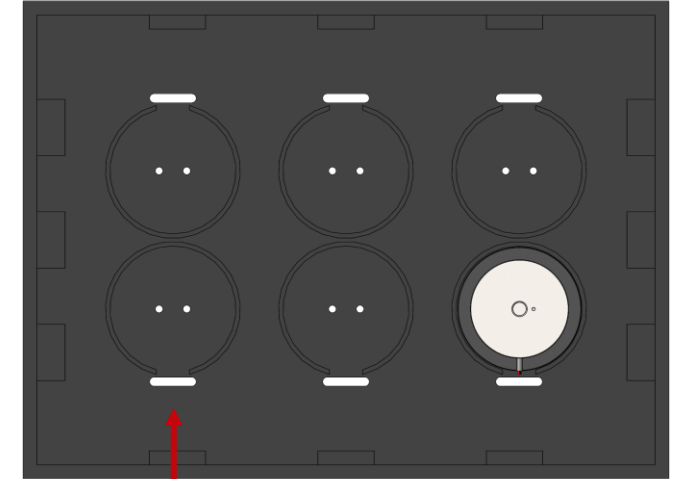
# Housing | *Base*

Material: PLA

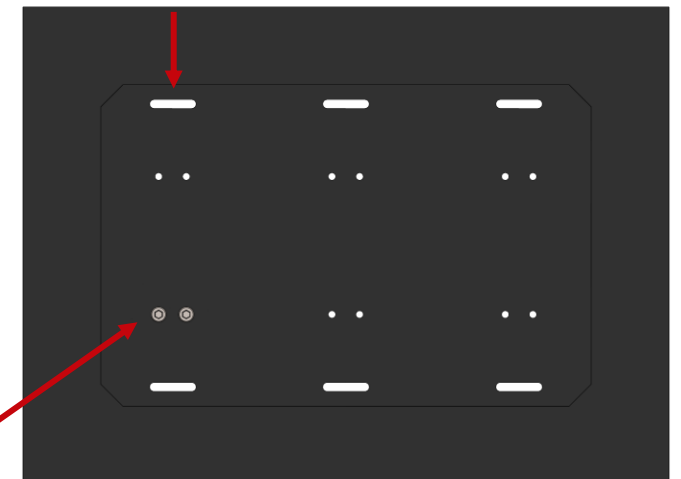
Module Purpose: *Secure and fasten bioreactor*



*Acrylic paneling fastened to base via M4 bolts.*

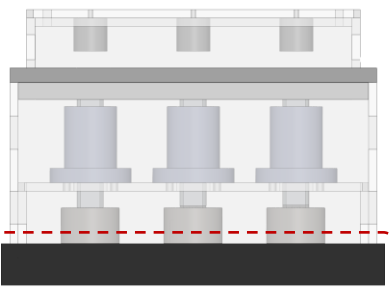


*VCA wires are lined through ports and gathered at one exit in the module*



*Each VCA can be secured via 2x M4 cap screws*

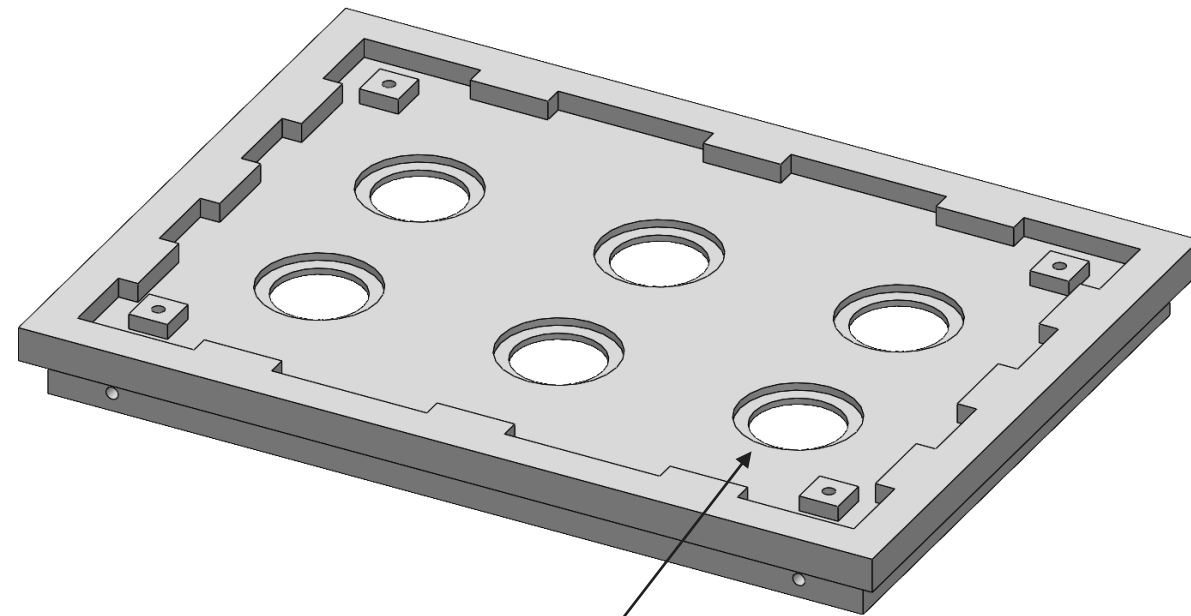
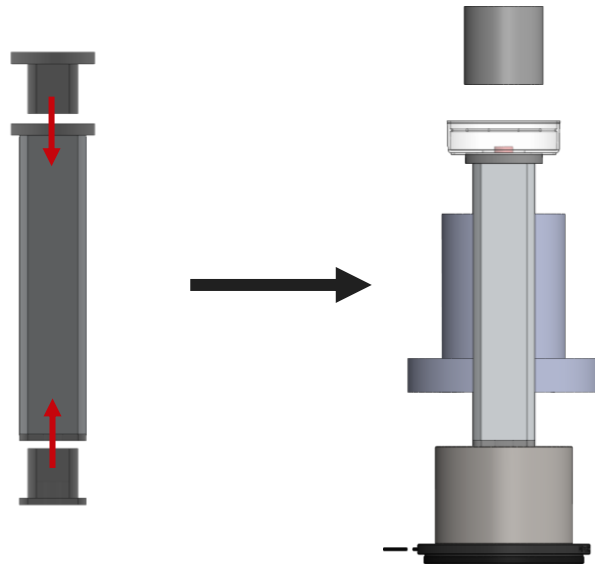
*Voice Coil Actuator (VCA) provides force profile and is housed within the base.*



# Housing | *Alignment & Sample Tray*

Material: BioMed Clear (Mating Components) & Anodized Aluminum; PLA

Module Purpose: *Align actuation, prevent rotation & shearing, and link actuation to sample compression.*

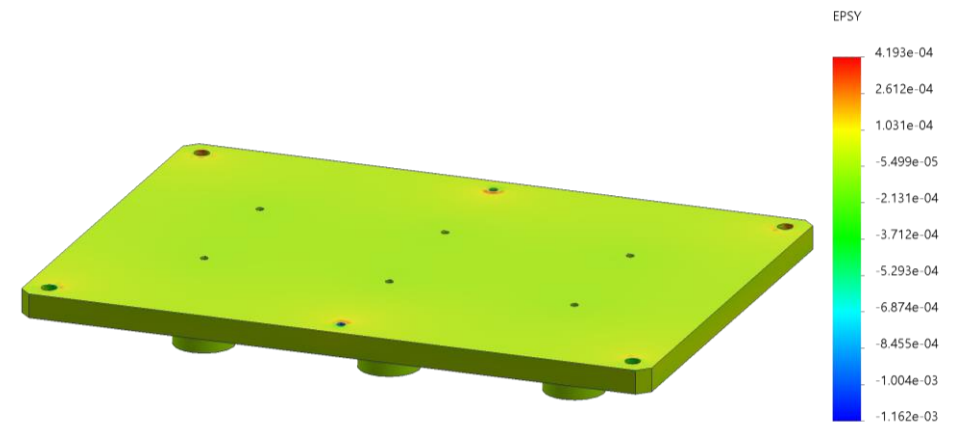
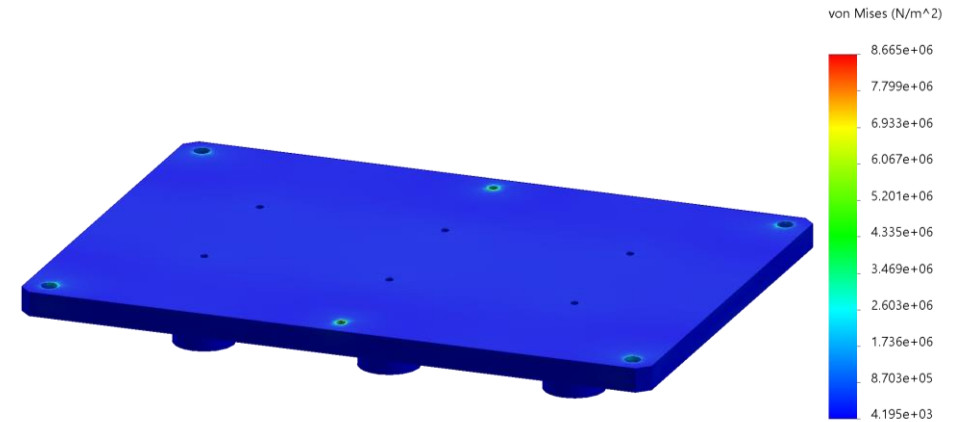
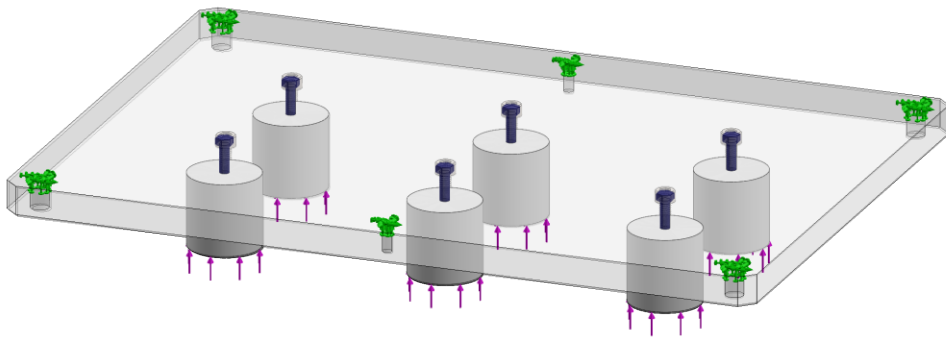


Compatible with 35  
[mm] sample dish

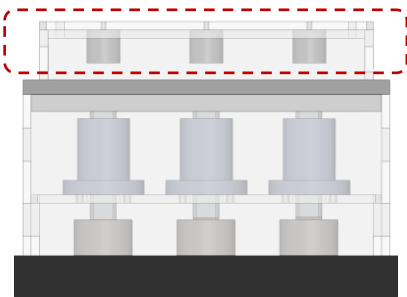
# Housing | *Compressive Lid*

Material: Acrylic (Laser-Cut) & PTFE

Module Purpose: *Compress cartilage samples.*



Minimum F.O.S. of 3.3 at Max Loading Condition  
(Maximum Normal Stress Failure Criterion)



# Actuation | Voice Coil Actuators (VCA)

Product: ThorLabs VC125C/M

$$F = qv \times B$$

Lorenz force equation

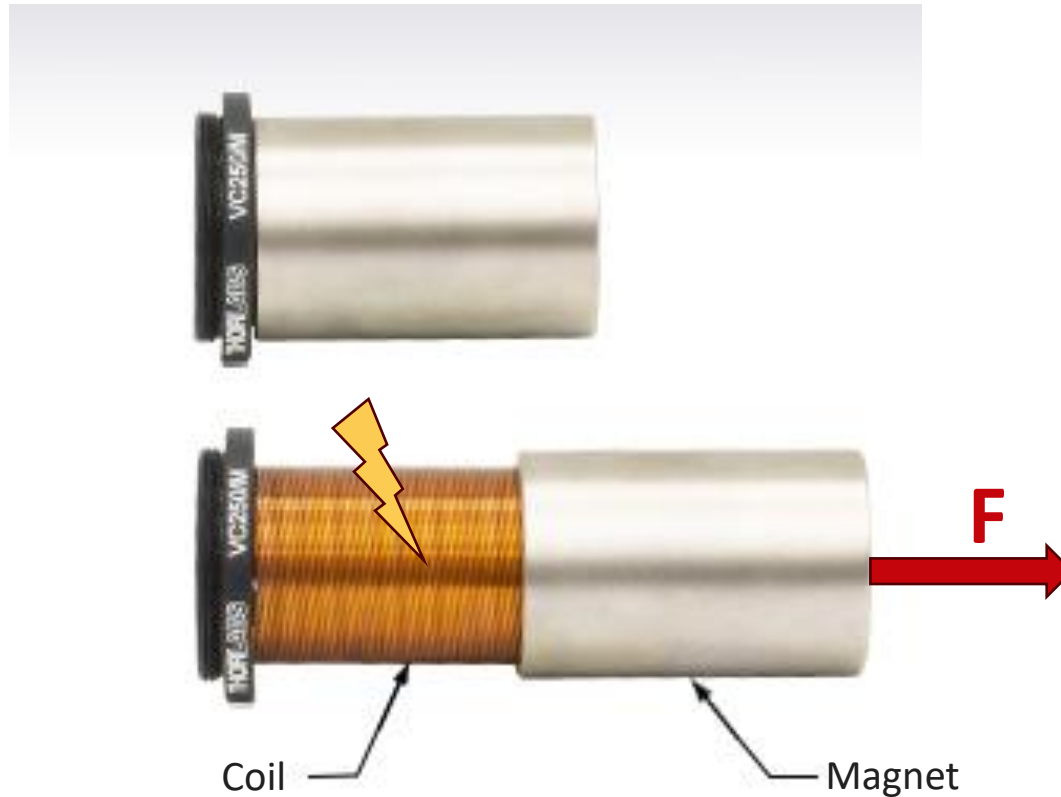
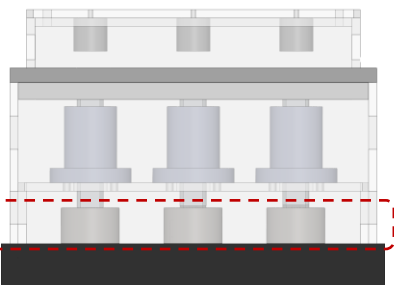


Image: [ThorLabs](#)



Image: [ThorLabs](#)

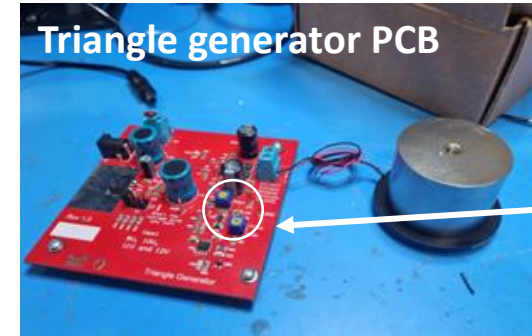
|                           |           |
|---------------------------|-----------|
| <b>Force Constant</b>     | 12.4 N/A  |
| <b>Travel</b>             | 12.7 mm   |
| <b>Req'd Duty Cycle</b>   | 50%       |
| <b>Max Operating Temp</b> | 230F/110C |



# Actuation | *Circuitry*

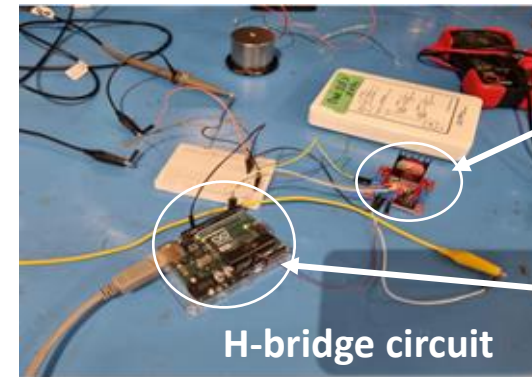
Circuitry and electronics to power and control our actuators

| Criterion          | PCB       | H-Bridge  | Transistor |
|--------------------|-----------|-----------|------------|
| Functionality (15) | 1 (3)     | 5 (15)    | 5 (15)     |
| Ease of Use (10)   | 2 (4)     | 3 (6)     | 4 (8)      |
| Space (10)         | 2 (4)     | 3 (6)     | 5 (10)     |
| Price (5)          | 5 (5)     | 1 (1)     | 1 (1)      |
| <b>Total (40)</b>  | <b>16</b> | <b>30</b> | <b>34</b>  |



Triangle generator PCB

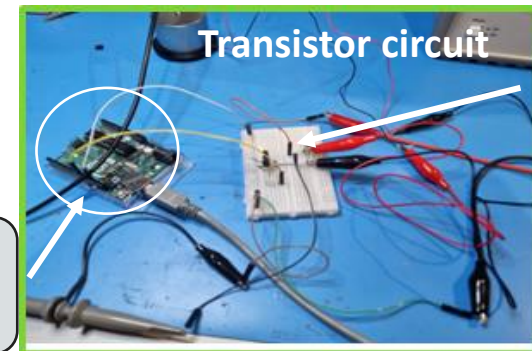
Potentiometers control voltage/force output and frequency



H-bridge circuit

H-bridge operates actuator

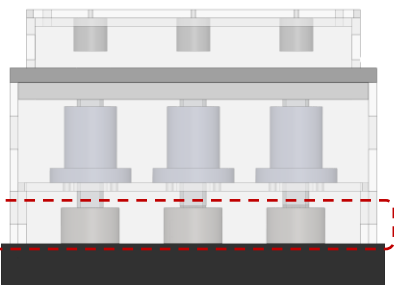
Arduino and power supply settings control force output



Transistor circuit

NMOS transistor operates actuator

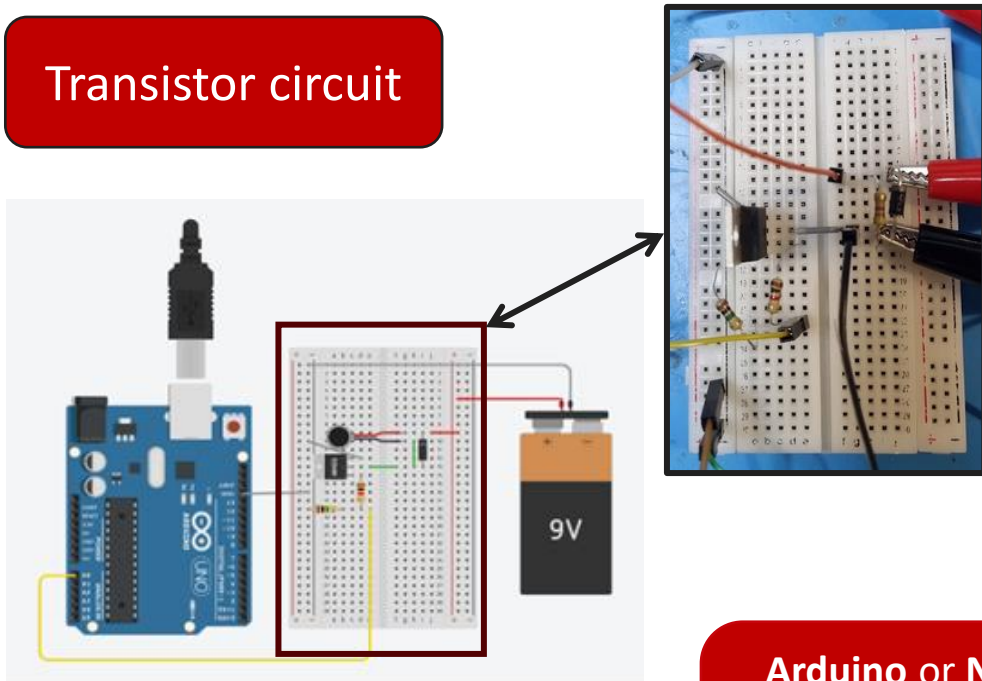
Arduino and power supply settings control force output





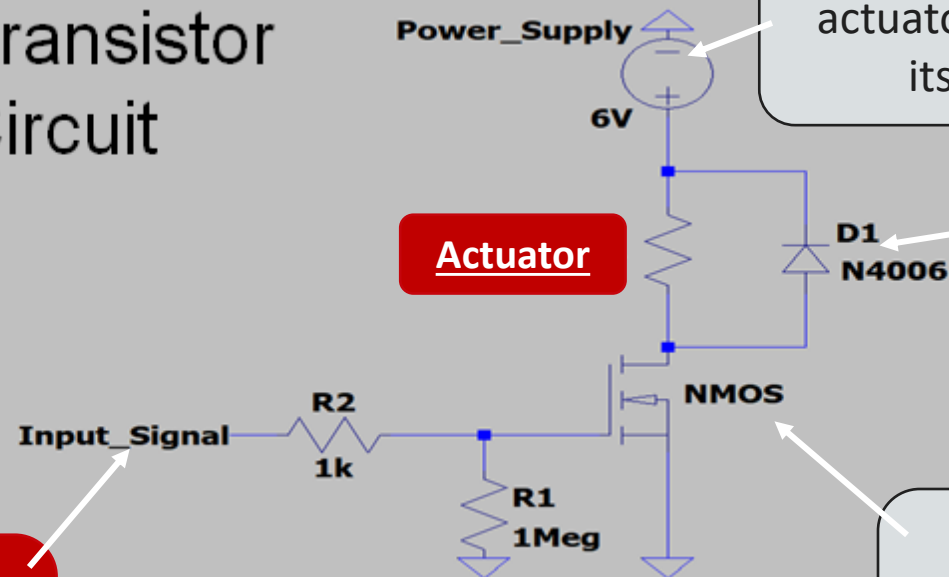
# Actuation | Circuitry

Transistor circuit



Arduino or NI DAQ provides the input signal, controlling frequency

## Transistor Circuit



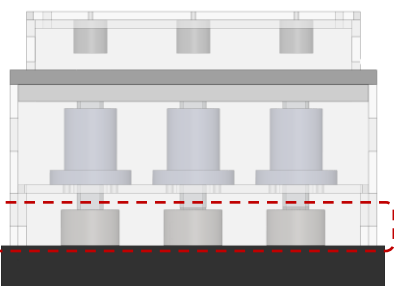
Power supply powers the actuator and determines its force output

Diode protects the actuator and transistor

NMOS transistor operates the VCA by performing on and off switching

Cost: \$550

×6



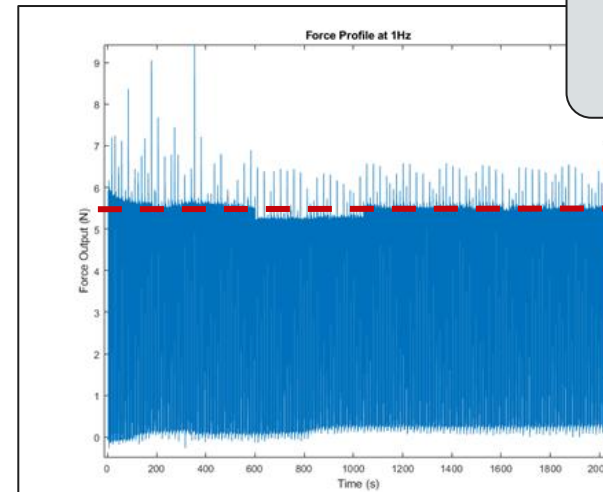
# Actuation | *Circuitry Testing*

**Load cell testing to validate the actuator to our design specifications**

Correct, desired force (i.e., 5.5 N)?

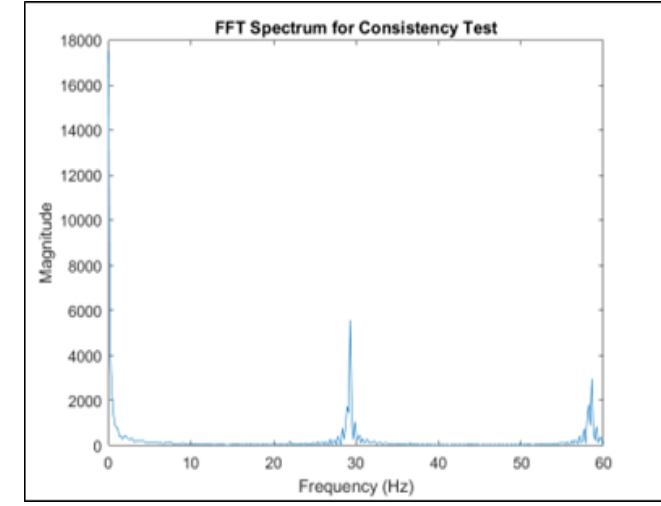
Consistent force profile over time?

Overshoot?

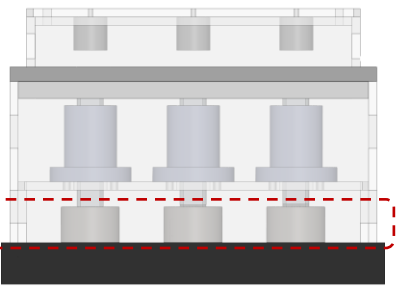
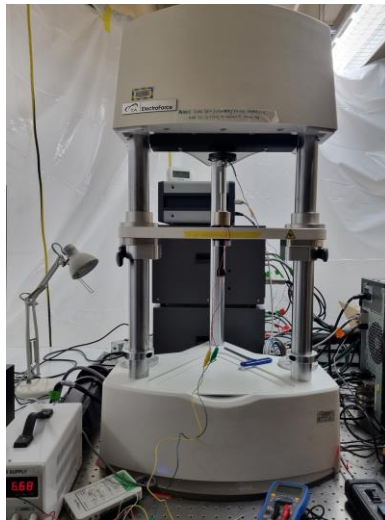
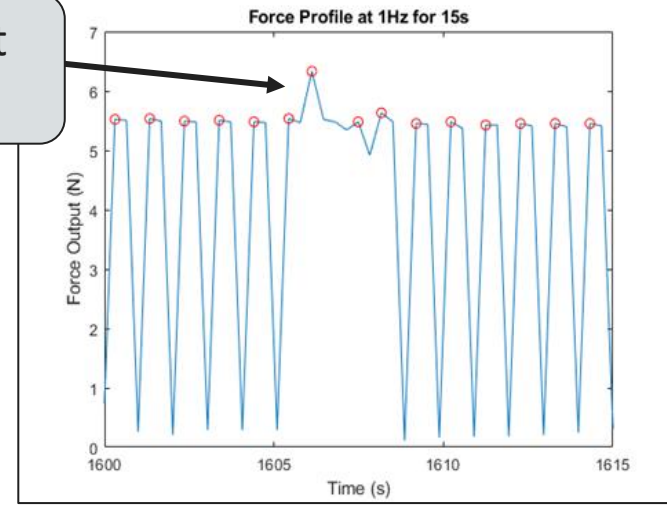


Force profile is relatively constant over time

5.5 N

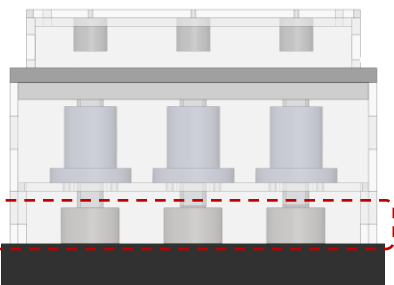
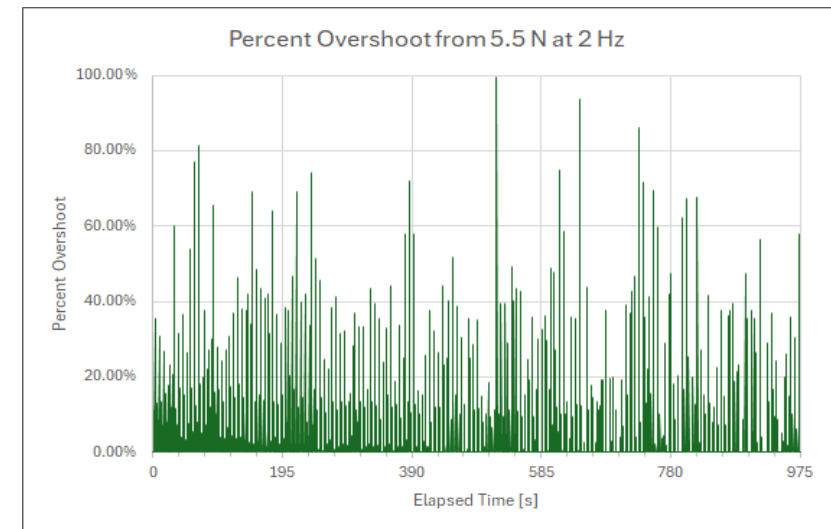
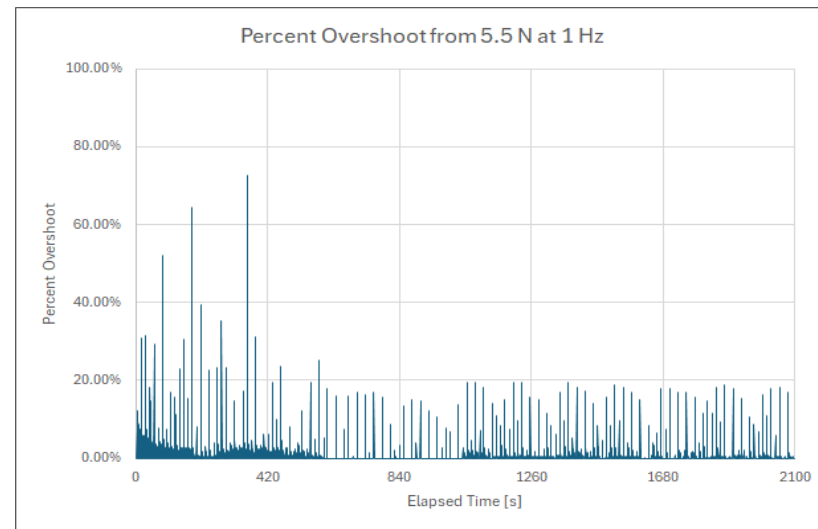
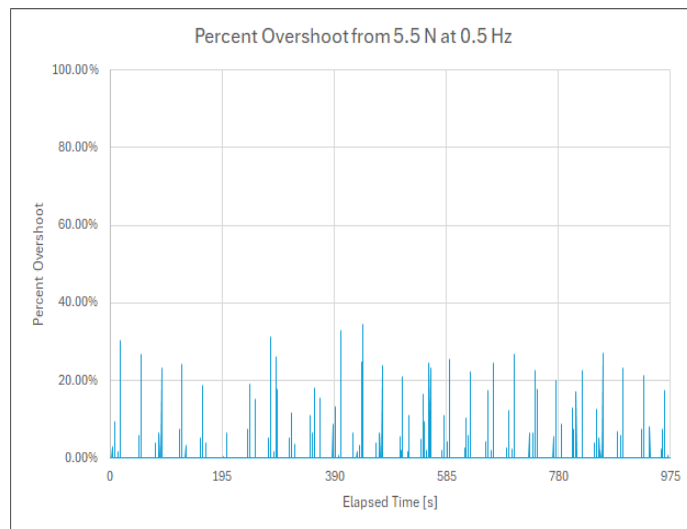


Overshoot occurs



# Actuation | *Circuitry Testing*

Quantifying percent overshoot from our target value of 5.5 N



| Overshoot | 0.5 Hz | 1 Hz   | 2 Hz   |
|-----------|--------|--------|--------|
| Avg.      | 11.44% | 2.12%  | 9.84%  |
| Std. Dev. | 9.14%  | 4.52%  | 14.65% |
| Max       | 34.58% | 72.78% | 99.51% |

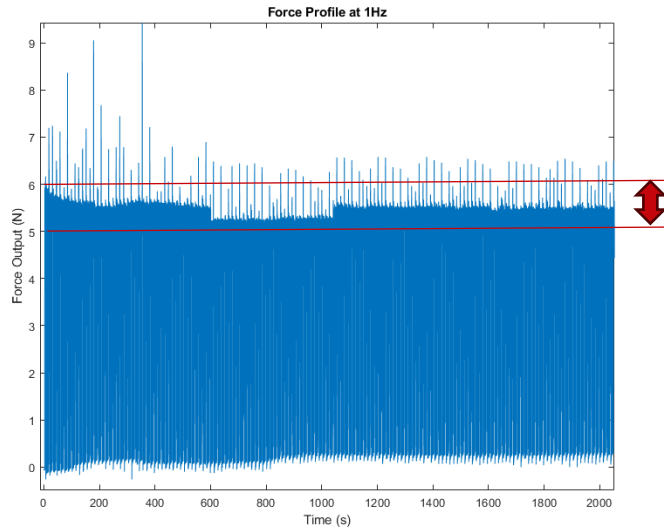


# Conclusions and Recommendations for Future Work

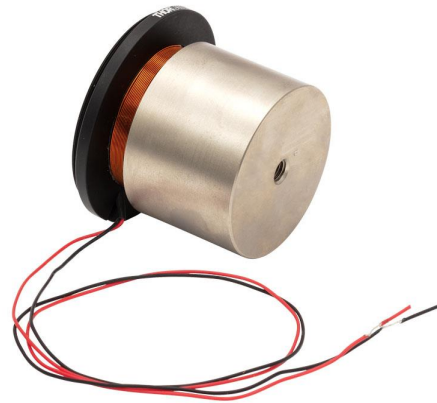




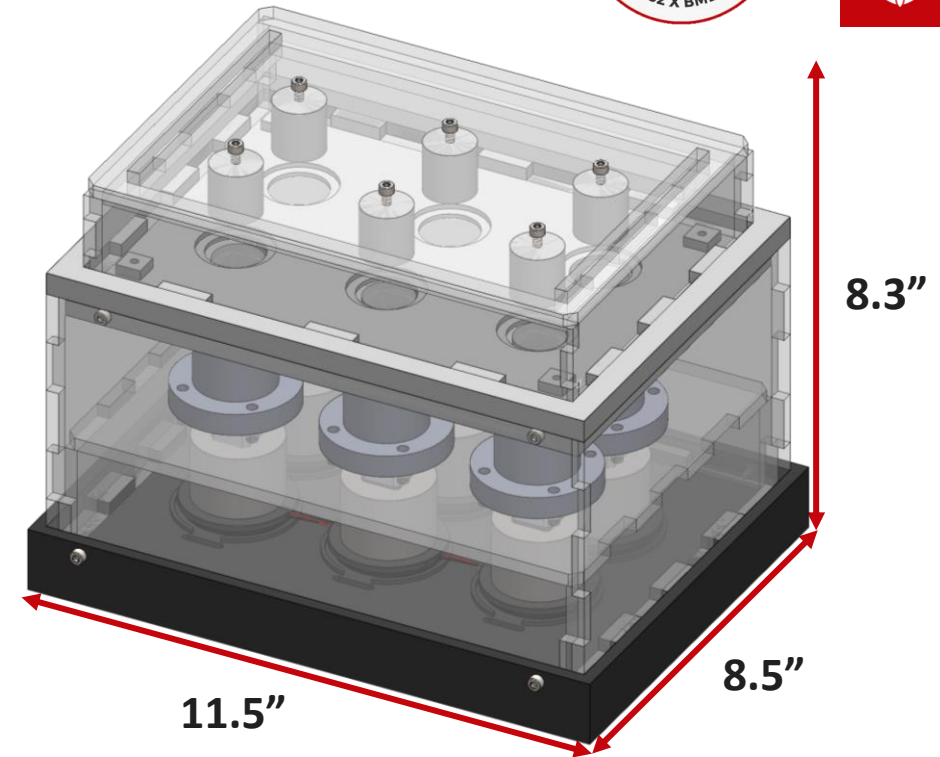
# Specification Validation



Average force output 5-6 N



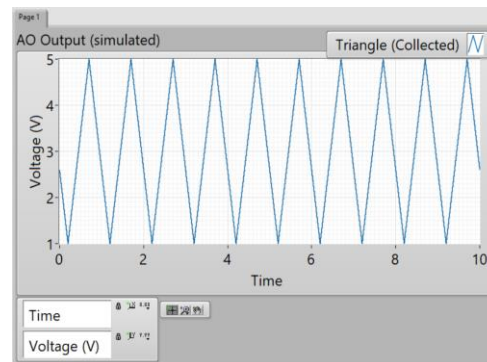
Force-controlled



- Smaller than 20 x 21 x 25  $in^3$
- Can be wiped down with ethanol
- Materials functional at 37C



Biocompatible PTFE interface



Triangle-like force profile

**Final Cost: \$730.22**

Scaled up to six samples: \$3777.72

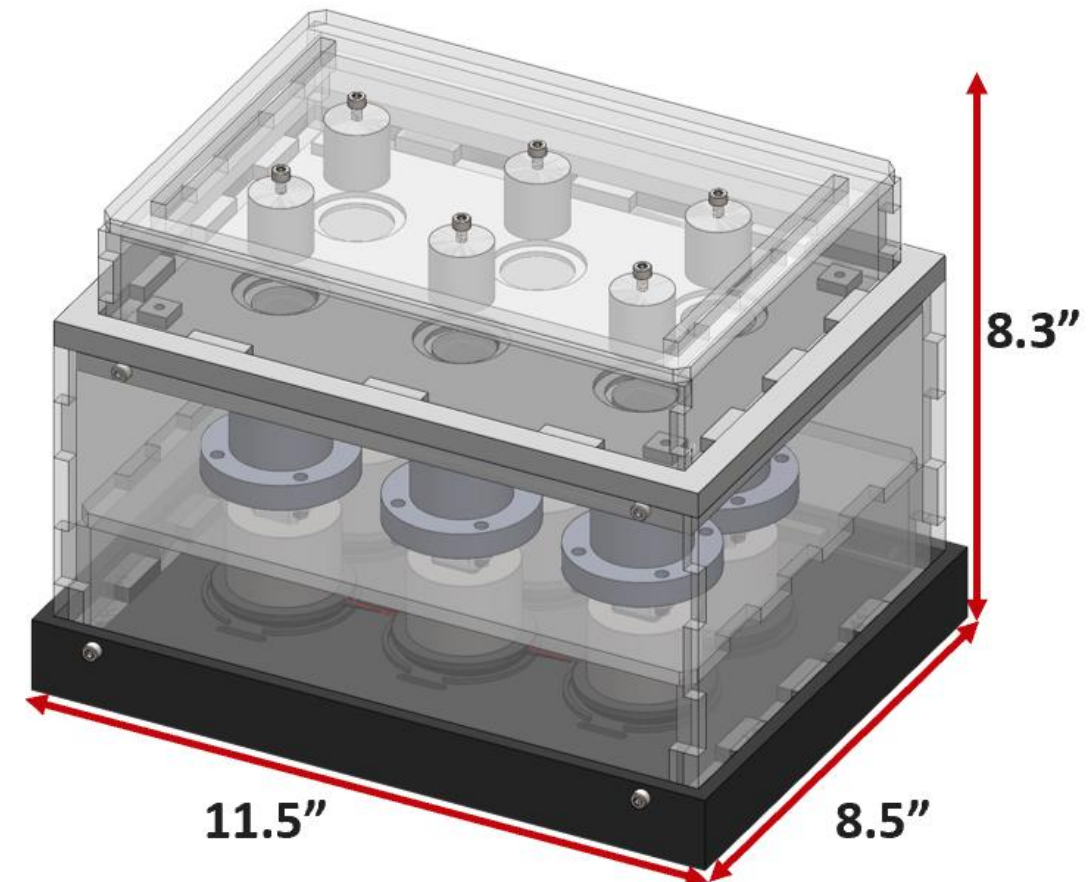
# Conclusions & Future Work

Designed and built a 1D actuator and circuit system to specifications

Built a housing prototype that can be used for experimentation

## Next Steps

1. Test the unit in an experimental setting with full assembly
2. If testing goes well, order and print the components to scale up the bioreactor to include remaining samples
3. Machine the housing out of aluminum (hire TeamLab staff)





# Acknowledgements

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*Our ME faculty advisor & client, Dr. Corinne Henak*

*Our BME faculty advisor, Dr. Paul Campagnola*

*Our TA, Patrick Dills*

**Thank you!**  
**Questions are now welcome.**

*Funding from NSF-BMMB-2237707 is gratefully acknowledged*



# References

- 1) Yao, Q. et al. Osteoarthritis: pathogenic signaling pathways and therapeutic targets. *Sig Transduct Target Ther* 8, 1–31 (2023).
- 2) Mohd Yunus, M. H., Lee, Y., Nordin, A., Chua, K. H. & Bt Hj Idrus, R. Remodeling Osteoarthritic Articular Cartilage under Hypoxic Conditions. *International Journal of Molecular Sciences* **23**, 5356 (2022).
- 3) Walsh, S. K., Skala, M. C. & Henak, C. R. Real-time optical redox imaging of cartilage metabolic response to mechanical loading. *Osteoarthritis and Cartilage* 27, 1841–1850 (2019).
- 4) “Thorlabs - VC125C/M Voice Coil Actuator, 12.7 mm Travel, SM2 External Thread, Metric,” [www.thorlabs.com](http://www.thorlabs.com).



| Client Needs   |                |                              |   |              |  |
|--|----------------|------------------------------|---|--------------|--|
| Client Need Statement  |                |                              |   |              |  |
| To investigate the relation between cartilage redox balance and disease state, the Henak Lab requires a method of applying physiologically relevant mechanical stimuli (which is known to influence said redox state) to articular cartilage samples over the long-term; to meet this need, Dr. Henak has requested the fabrication of an incubator-housed device capable of replicating in vivo compressive stimuli profiles over the desired timescales. |                |                              |   |              |  |
| List of client needs (in their words)  |                |                              |   |              |  |
| Low-to-no friction on contacting pillar surface  |                |                              |   |              |  |
| Linear actuation applying ~20% strain to 6mm x 2mm (diameter x height) cartilage samples   |                |                              |   |              |  |
| Constant force, not necessarily constant strain, applied across all samples  |                |                              |   |              |  |
| Device must be capable of providing a variety of force profiles  |                |                              |   |              |  |
| Incubator-compatible   |                |                              |   |              |  |
|  |                |                              |   |              |  |
| Specification description  | Target         | Unit                         | Test method   | Rank         | Met  |
| Category 1: Device Function  |                |                              |   |              |  |
| Device to apply & control linear actuation with controlled force capable of actuating compression mechanism  | >6             | N                            | Validate manufacturer specifications with testing                     | Must         | MET  |
| Induces 20% strain in (idealized) cartilage samples via uniaxial compressive stress  | 0.2            | mm/mm                        | Use in-device load cell to determine deformation                      | Must         | MET (via theoretical calculation and relation of force output) |
| Sufficient device actuation to allow for removal of sample dish  | 10             | mm                           | attempt removal of sample dish  | Must         | MET  |
| Low-friction compression/interface with cartilage sample   | 0.1            | -- (coefficient of friction) | Manufacturer Specifications [19], [20]                                | Must         | MET  |
|  |                |                              |   |              |  |
| Category 2: Incubator and environment  |                |                              |   |              |  |
| Fit within incubator   | (20 x 21 x 25) | inch                         | place fully fabricated box into incubator / measure                   | Must         | MET  |
| Able to withstand laboratory-grade sanitation procedures   | ---            | ---                          | Review of individual electronic technical specifications prior to use | Must         | MET (ethanol)  |
| Electronic components of actuator withstand incubator's simulated in-vivo environment  | ---            | ---                          | Review of individual electronic technical specifications prior to use | Must         | MET  |
| Cords of electronic components may be wired to external power sources  | ---            | ---                          | review of cord diameter and quantity                                  | Must         | MET  |
|  |                |                              |   |              |  |
| Category 3: Additional Functions   |                |                              |   |              |  |
| Modular compressive pillar attachment (i.e., to allow for 6, 12, 24, etc. well plates to be used)  | ---            | ---                          | N/A   | Nice-to-have | MET  |
| Modular compressive pillars that are different shapes (e.g., indentors)  | ---            | ---                          | validate that the actuator applies the same force to the samples      | Nice-to-have | NOT MET  |